BALMORAL HALL
MELIORA PETENS
B H
OPTIMA ANNI

Seize

The Day

Table of Contents

Messages	Page 2
Staff	Page 6
Residence	Page 12
Junior School	Page 22
Middle/Senior School	Page 34
Arts	Page 54
Sports	Page 68
Community Service	Page 88
Global Awareness	Page 96
Student Affairs	Page 102
Alumnae	Page 106
Student Body	Page 112
Public Relations/Grad	Page 136
Graduates	Page 138

Balmoral Hall School
630 Westminster Avenue
Winnipeg, MB R3C 3S1
Phone: (204) 784-1600 Fax: (204) 774-5534
www.balmoralhall.com

Joanne Kamins
Head of School

Each school year that passes is marked by great events to carry forward in the memories of students, staff and BH community and this year was no exception. The prefects encouraged us to seize the day with this year's theme, "Carpe Diem". Academic, athletic and artistic achievements of your efforts to do so were evident throughout Balmoral Hall this past year. This phrase became a motto for each of you at school and beyond these walls to the local and global communities. To the class of 2014, who leave Balmoral Hall to further their education, I extend to you my best wishes for success. As you continue your journey remember always to "seize the day" in order to enrich yourselves and the world.

Meliora Petens

Jodie Hafenbrak
MIddle & Senior School Principal

I would like to congratulate all of the students on a terrific school year. Memories from this year have been captured in your yearbook and as you look at all of the photos, I hope they bring a smile to your face as you remember your friends and the times spent together. At the beginning of the school year, the prefects asked you to "Seize the day" – and you did just that! We saw many students step out of their comfort zone to participate in sports, musicals, debate and clubs. Students also took a strong hold of their academics by participating and succeeding in AP courses, science and heritage fairs and math contests. I am very proud of all of the hard work that students put into this year.

Congratulations to the 2014 graduating class. You are now on the next chapter of your journey through life and I hope that you continue to seize the day as you enter post-secondary studies and your life as an adult. I believe that you will all go on to do great things and I hope that you will continue to come back to BH to share with us the stories of your success! We will miss you!

Judith Steek
Junior School Principal

Carpe Diem or Seize the Day, was the theme of the year created by the 2013-14 Prefects. They encouraged students from JK to Grade 12 to seize the day in many ways in their lives.

This yearbook represents the many ways in which BH students seized their days; the learning, the opportunities, the experiences; the moments of a lifetime, all captured here in pictures. The theme helped students to recognize that these moments may never come again, and so they must be cherished. Students will, at the end of the day, remember some facts and figures and many new concepts, but it is the essence of being a part of something great-the BH Family, that will guide them forever. The strength and the spirit of BH will carry students forward, to be the best they can be today and every day.

As Eleanor Roosevelt stated, "We gain strength, and courage, and confidence by each experience in which we really stop to look fear in the face... we must do that which we think we cannot". She also stated "A woman is like a tea bag - you can't tell how strong she is until you put her in hot water!"

So congratulations to the BH graduates and to those responsible for the creation of the yearbook. Always know that we learn and grow as we continue to seize the day—each and every day!

Jim Perchaluk

Chair of the Board of Governors

Yearbooks are great things because they get better with age! One day, long from now, you'll dust of this yearbook and it will bring back memories of your time at Balmoral Hall, your friends, your teachers, and all of your achievements. I hope the memories on these pages are good ones for you and that you think of the school often. On behalf of the Balmoral Hall School Board of Governors congratulations on another great year!

Shawn Nason

President of the Parent Association

The Balmoral Hall Parent Association would like to express our heartfelt thanks to our community for the continued commitment to our school. We rely on the support of parents, grandparents, other family and friends to help enrich the lives of the students at Balmoral Hall. Our daughters are better because of our community.

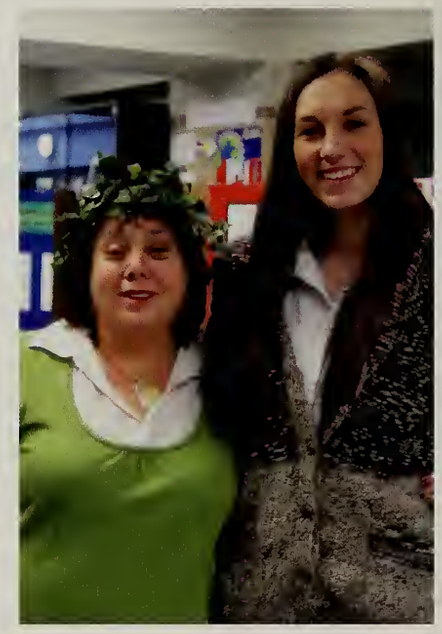
To those who are graduating this year, we hope that you have felt supported and assisted throughout your time at the school. To those who continue their studies at BH, the Parent Association will continue to support you. We wish you nothing but success on your journey of life-long learning.

I Give so You May Do

Do Ut Facias

Julia White
Head Girl

Having the opportunity to be Head Girl this year has been absolutely incredible and words really can't describe how much I have everyone else to thank for that. To the senior and middle school prefects, this year would not have been the same without you. Each one of you always had brilliant ideas and I couldn't have done it without every single one of you. To the students, thank you for always participating in our silly ideas. Without the support of you guys, we really wouldn't have accomplished anything. You're all brilliant and I don't doubt for a second that you'll be successful in whatever you choose to do in life. To the staff, thank you for constantly putting up with our shenanigans and never doubting our abilities to make this year great. To Mrs. Sheps, thank you for constantly meeting with us and giving us support at all hours of the day and night. You are truly one of the most incredible people I have ever met. This year could not have been better and I am so unbelievably grateful to have spent it with all of you. Thanks again, and remember, carpe diem!



Celina Penny
School Captain

Thank you to everyone for making my last year, out of 14, at Balmoral Hall the most memorable one! Having the opportunity to be your School Captain was an wonderful experience and allowed me to work with an amazing group of prefects. We truly were a team and nothing would have been done without everyone's hard work! BH is my second home and I couldn't image a better group of students to share my last year with. A big thank you to all of the students for showing your spirit and participating in our interhouses and other school activities, as well as laughing at our jokes and videos and listening to our endless list of announcements. To the staff who have been like family, thank you for being so supportive of our ideas and events and helping them become so successful. Mrs Sheps, you have always been there to help us through, I cannot thank you enough for that! Throughout the year, I saw students seizing the day, and I hope you all continue to be ambitious and never take for granted your time at BH! Carpe Diem!

Yearbook Committee

2013/2014 Yearbook Committee
(First Row) Rachel Bernhardt and Eva Downey
(Second Row) Emily Thompson, Maya Schwartz, Samantha Machado
(Third Row) Victoria Young, Katherine Burley, Olivia Kim, Apple Fong, Grace Gu, Delica Leboe-McGowan, Kaitlyn McIntosh

Eva Downey
Yearbook Prefect

Thank you everyone for such a wonderful year! It went by way too fast. To the yearbook crew, you girls worked so hard on this yearbook and I am very proud of all the hard work you put into it, thank you so much. A huge thank you must go to Mrs. McDonald for her amazing support towards us all, even though we can sometimes be a bit much. She made sure that the making of this yearbook ran smoothly and that we all kept on track. It was a lot of fun planning this year's many activities alongside the rest of the amazing prefects, and I will miss them all like crazy. The past thirteen years at BH have been spectacular and I cannot believe it is time to say goodbye. Remember ladies, carpe diem!
Love, Eva

Well we did it! I would like to thank everybody who helped make this yearbook possible. You all worked so hard, coming together to help design great pages. We all shared some good laughs and some good treats and made memories that will live on forever. I would like to thank all of the prefects that I worked with, for making it a great year! The biggest thank you of all goes out to Mrs. McDonald. Without her, we wouldn't have this great book. Thank you to everyone who made this year, a great year.
Take care, Rachel Bernhardt, Middle School Prefect

Staff

Krista Akerstream

Chris Allinotte

Tina Alto

Leni Atienze

Lise Boiteau

Brenda Boonstra

Kera Borodkin

Marilyn Bowles

Caitlin Briggs

Tracy Burston

Sharla Chochinov

Joan Chrisitie

Gen Cloutier

Dave Dalgliesh

Cyndee De Lande

Trish Del Grosso Steeds

Gen Delaquis

Cathy Doerksen

Christine Durham

Amanda Dykeman

Colleen Einarson

Jennifer Fenwick

Staff

Stephanie Gagnon

Denise Gariepy

Gary Gaudry

Matthew Gelley

Jennifer Gillies

Carolyn Graham

Amanda Green

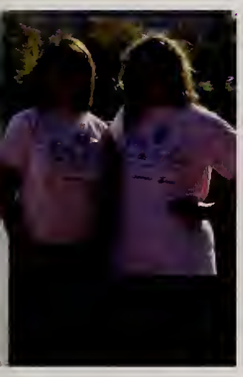
Jodi Hafenbrak

Sandra Haithwaite

Roma Hanson

Tannis Hart

Cheryl Haverick



Anne Hedley

Meagan Heinrichs

Kathleen Henry

Krista Hooter

Sheila Hunter

Bin Dong Jiang

Wayne Johnson

Vicky Jordan

Joanne Kamins

Kristina Karlsson

Christine Kerr

Staff

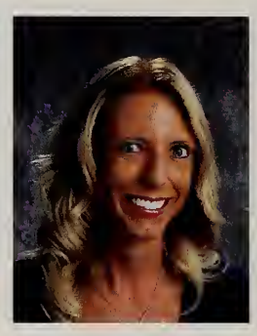
John Kerr

Jennifer Kirk

Wesley Konrad

Tim Krymusa

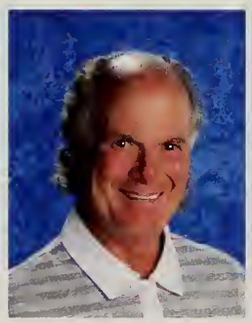
Max Lampron



Janna Larsen

Michelle Layte

Nancy Leigh



Stevan Leipsic

Jane Mackenzie

Maja Malenica

Sonia Mariquit

Gabriele Martens

Jennifer McDonald

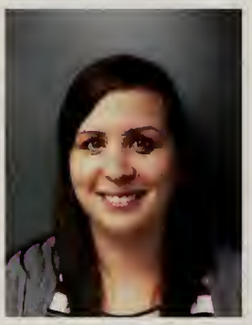
Jessica McDonald

Lois McGill

Annika McPherson

Patricia Mitchler

Anita Moeller



Taryn Moffat

Heather Naughten

Richard Ndlovu

Rachel Niessen

Carissa Nikkel

Staff

Katelynd Nizio

Kirstan Osborne

Jennifer Pawluk

Simone Penner

Laila Schwartz

Joanie Sheps

Sarah Simm

Rhonda Smith

Leslie Sprange

Judith Steek

Don Sudeman

Darlene Sveinson

Kim Thomas

Arda Thomson

Signy Thordarson

Rita Trautmann

Jill Trickett

Rob White

Tracy White

Ketri Wilkes

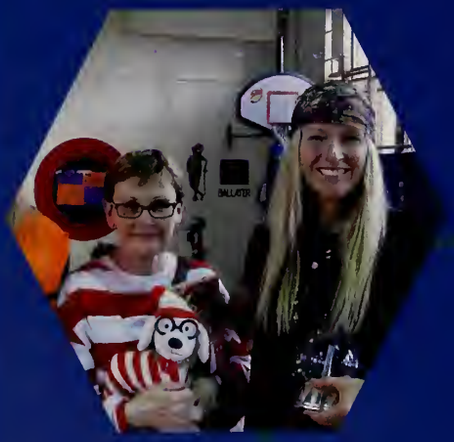
Bryan Williams

Gerry Wilson

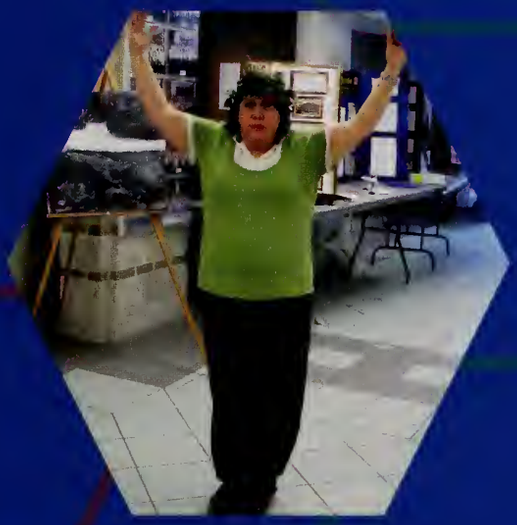
Dave Zimmerman

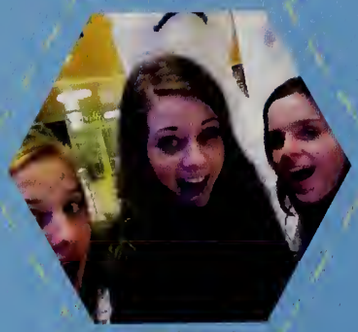
Dana Hospitality Kitchen Staff

STOP
ATV
ON
RIVER SIDE



Girls for the Cure

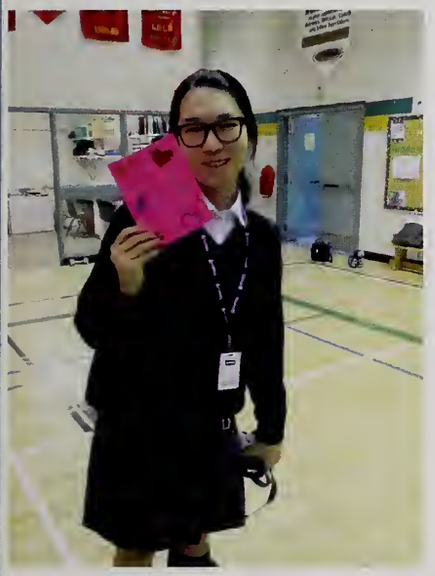




I'm Home
Domi Adsum

Many times this year it felt as though the end would never come. The assignments keep coming and exams were forever looming. Then, suddenly, it's over. Yes! You did it! As you tossed your notes into the recycle bin, you felt on top of the world. This is the moment you have been waiting for! Soon you will be in university...with bigger assignments and much longer exams. Once there for a while, you will start to look forward to the day that it too will be finished. Life continues on with new responsibilities and new stresses. So often in life we find ourselves saying, "I can't wait until...." or "I will be so happy when..." There will always be something. My advice to you is to enjoy the journey. You must work hard, but you also need to play hard. The Prefects had it right...
Carpe Diem
Seize the Day!

Tracy White
Residence Director



Residence staff:
Erin Danzinger, Clair Hines,
Anne Guest, Kathie May,
Lesley Robertson, Ella Fiducia-Brooks
and Tracy White

Brielle Kim
Residence Prefect

Hey everyone! Finally, time has come to do the yearend write-ups! It's definitely a different feeling seeing 2 months left in grade 12 than in previous years. It's filled with mixed feelings and when I look back, my BH year was a full of grateful moments. Here, I take all the precious values that I learned from every friend and teacher to next step of my life. Special thanks to our residence family who went through both good times and bad times together and I am so happy that our memory will remain preciously for long in each of our hearts. For grade 12, we all know our time in BH will become a strong base for our future life, so I hope everyone will be happy doing the things that you love, in the future. For rest of our BH girls, have fun! Don't study too much!! Relish your time that you will miss later!

Residence Activities

Summer Liu and Rebecca Sun enjoyed their time at the Carnival at the Forks in May

Marcia Keng and Rita Cheng became friends during residence orientation week

All the rezzies exchanged gifts during the Secret Santa activity

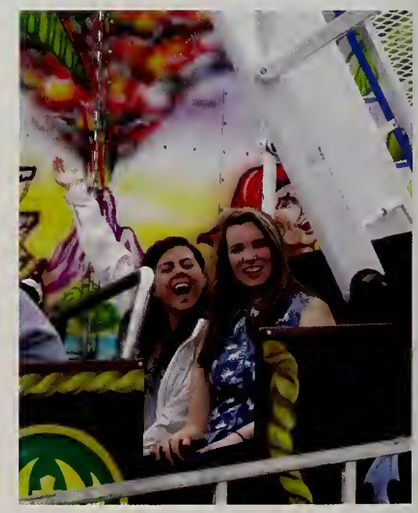
Shirly Feng, Helen Yu, Apple Fong, Kim Jin and Grace Gu supported the Blazers hockey team

Abby Constant-Bercier, Jessica Campbell, Jessica Lu and Ana Leon competed in glow bowling

Ms. Guest, Isabel Gomez and Maria Perez did winter activities

The residence girls went on a horse-drawn sleigh ride

Paola Ampudia and Isabel Gomez had fun on the Searay



Ana Leon, Johanna Bruinooge, Brielle Kim and Jessica Lu celebrated Ana's birthday with her

The new girls spent residence orientation week at Camp Arnes

The Whites invited everyone to their new house for a pool party

Ms. Hines and Isabel Gomez built their first snowman

One activity had girls reading a map to race for free ice cream

Kaori Koizumi, Kahoko Tomoi, Sara Unno, Jessica Lu, Yamel Sanchez and Yuna Nishide went for a run together in the Gates

Brielle Kim, Erin Jeong, Olivia Kim and Kayleen sang three songs with dance moves and a video representing Korea

The Chinese girls divivded themselves into two groups. The song "Red Flag Fluttering" and the dance "Jade Steam" were proudly presented by them to represent their respect and love toward China

Rayne Rioux, Johanna Bruinooge, Sydney Baley, Sophie Hanson and Katie Bezte presented a powerpoint about the history of Canada

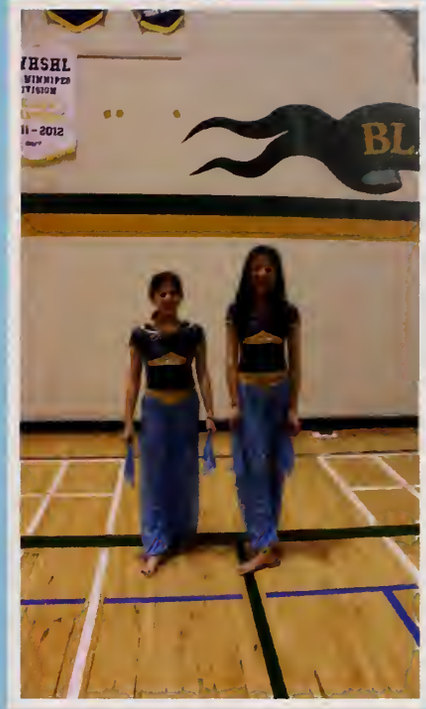
Simran Roopra, Shradha Moudgil, Rithikha Rajamohan, Garima Moudgil and Meghna Rajamohan danced a mix of dances representing India

Jessica Lu, Marcia Keng and Rita Chen performed a Taiwanese hip hop dance

Multicultural Assembly

The Multicultural Assembly is a traditional event looked forward to by both the day students and the residence girls every year. All residence girls participated actively in this annual assembly. We all gathered together according to our countries and performed in various ways in front of the school. The performances ranged from dances, to songs, to powerpoint presentations. The performers did such an amazing job and they enjoyed sharing their cultures with other students.

Clarice Nguyen Hua shared a traditional Vietamese dance with the audience



Madeline and Brianna Ritter performed a wonderful dance representing Ireland

Maple Girls

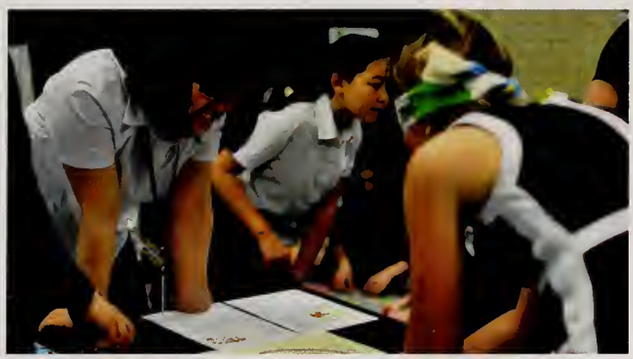
Kaori Koizumi with grade 3 buddies Ryann Hafenbrak and Kirsten Drexler

Sara Unno and Alicia Toprik

Eimi Shimura with grade 3 buddies Hope Hinchey and Ainsley Reese

Minori Hirai with Elizabeth Butler and Alyssa Kalaitzakis

Each year, a group of students from our sister school in Japan, Shizuoka Eiwa, come to spend some time with us here at BH. Primarily, they come to improve their English language skills by immersing themselves in the daily routines of the classroom and other activities. They also visit special sites around Manitoba and learn about the Canadian way of life. Mostly though, they leave their own special mark on us , in residence, in the classroom and in the homes where they stay. Our ten girls from Shizuoka, Japan, had an amazing time this year, enjoying life at BH and checking out all the sites Manitoba has to offer. They did everything from making pizza in a stone kiln to having a picnic along the Red River. They will never forget their experience in Canada or the friends they have made here.



Mrs. Kamins happily participated in Japanese themed activities

2014 MAPLE Girls

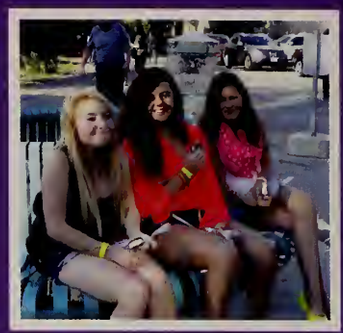
Asano Nagisa
Fushimi Ririka
Hirai Minori
Ito Yumeka
Koizumi Kaori
Nakamura Kanami
Nishide Yuna
Shimura Eimi
Tomoi Kahoko
Unno Sara

The girls travelled to the exchange district in Winnipeg to sightsee all the attractions

Our Maple girls spent some time getting to know their grade 3 buddies

Rita had a colourful celebration for her birthday

Residence group photo in the backyard



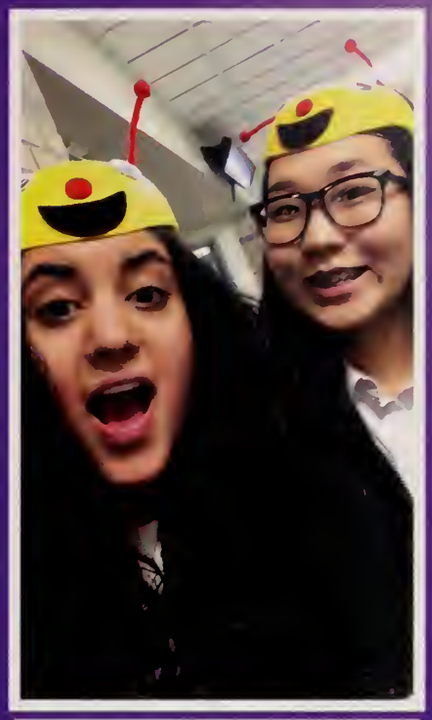
Johanna Bruinooge, Paola Ampudia and Maria Perez hung out at the Yahoo BBQ

Jessica Lu and Jessica Campbell enjoyed the full residence dinner

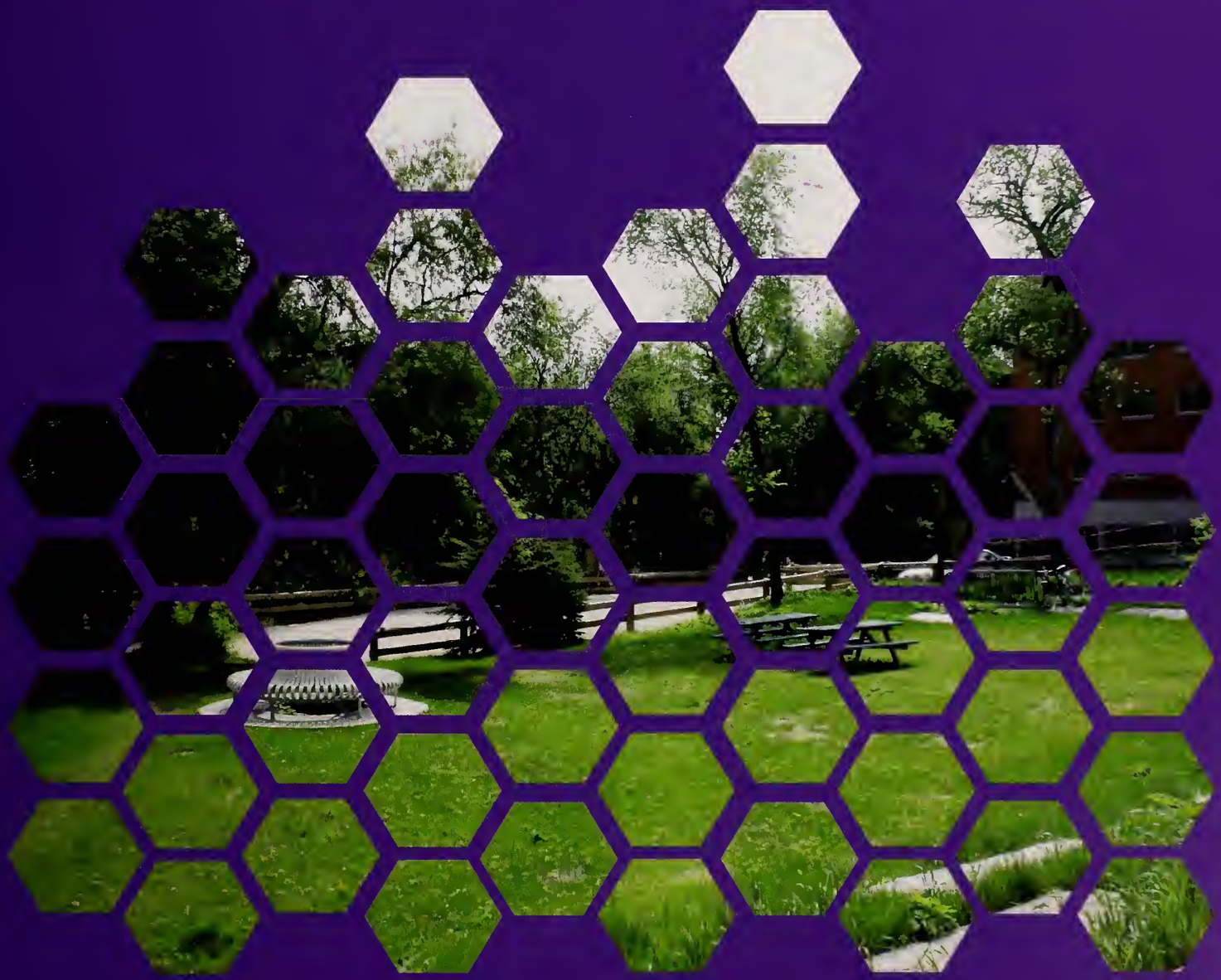
Hazel Deng and Annie Luo viewed a great performance and dinner at Celebrations

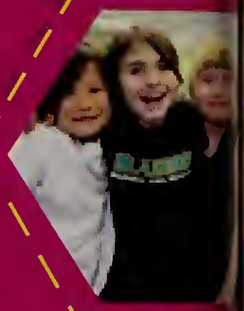
Residence Candids

Iris Liu and Lia Zhuang went to Disneyland during the Winter Break



Ana Leon and Brielle Kim looked really cute with the bees caps





The Smallest are the Most Important

Minima Maxima Sunt

Everything I Ever Needed to Know I Learned in Junior School

1. Always put everything you need in your backpack
2. No one likes "see-food" - chew with your mouth closed
3. Don't forget to smile
4. Hugs are free
5. Laughing, sneezes and yawns are contagious
6. Don't eat too much candy
7. Eat your vegetables
8. Stay in school
9. Wash your hands after you go to the bathroom
10. Don't make excuses
11. Less chatter, more "get-at-'er"
12. First "get 'er done," then make it fun
13. You can edit a page of rubbish, but you can't edit a blank page
14. Don't be afraid. It's not a sabre-toothed tiger; it's a kitten and it's purring
15. Learn from your mistakes
16. "Failure is always an option." - Nathan Rogers quoting Adam Savage
17. Do the tango!
18. Work hard. Play hard. Be kind.
19. Quality, not quantity
20. It's better to walk with a friend in the dark than walk alone in the light

Junior School Events

Childcare girls built a flower shop

Junior kindergarten girls learned how to spell with Harry Hatman

Belle and Cinderella came to visit the childcare girls

Junior kindergartners work on their building skills

Grade one celebration of family

Ollie Jokinen visited the grade one class to show his bronze Olympic medal

Kindergarten 100 day celebration

Grade fours made polar bear art and talked with some grade nine girls who went to Churchill

Grades four and five learned an Irish folktale

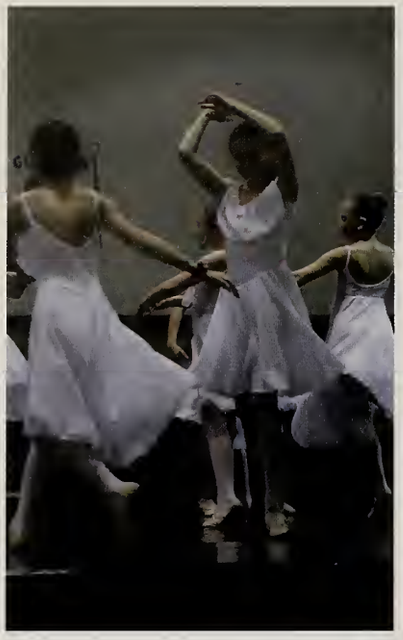
Grade threes presented Le Grand Voyage

Miss Dickson's grade two class

Susan Auch visited the grade four class

Shannon Bestland, a meteorologist, talked to the grade fives about weather

The grade five girls visited Festival de Voyageur

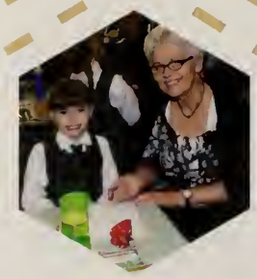


The grade 5 girls performed a dance from the Junior School production

Sarah Mathew and Meghna Rajamohan sang with the grade 4/5 choir

Grandparents Day

Our annual Grandparents Day brought more than 330 grandparents and family members to Balmoral Hall School May 2. The day began with performances from junior school, showing off some of the musical numbers from their production as well as dancing routines. Middle school performed pieces from their musical, and the middle school dance group danced a wonderful routine. The senior school choir sang a couple songs that were performed in the their musical Legally Blonde. After the performances, grandparents joined their granddaughters in their classrooms to catch a glimpse of a day in the life of a Balmoral Hall girl. The junior school girls were lucky enough to show their grandparents' current projects they were working on as well do interactive activities together that went with their units of study. It was a great day for the girls to be able to share this experience with their grandparents.



HOLIDAY CONCERT
The theme for the Holiday Concert this year was "Love in any language". Throughout the evening, the audience heard touching stories of how the students felt loved and how they expressed their love. The languages of love included words of affirmation, acts of service, the giving of gifts, quality time and physical touch. The many languages spoken by Junior School students were highlighted throughout the evening as students said "I love you" in their language. The choirs sang in English, French, Hebrew, Latin, Mandarin and even the language from "Whoville".

Choir and Bells

HAND BELL ENSEMBLES
Students in the extra-curricular bell ensembles rehearse during lunch recesses and performed at the Holiday Concert. The grade five bell club also had the opportunity to perform at an Alumnae function in Aikins house, Grandparent's Day and Closing ceremonies.

F E S T I V A L
Junior School choirs participated in the Winnipeg Music Festival. The Grade 4 and 5 choir sang two songs by Benjamin Britten from the *Friday Afternoons* collection: "Jazz Man" and "Cuckoo". The Grade 1 to 3 choir sang "Scat Cat" and "The Hilltop". The adjudicator commented on their lovely, bright and well-produced sound, their excellent diction and story-telling. Students developed their vocal skills and their ability to express themselves through song and both choirs received gold ratings! The choirs also performed these pieces at Grandparents Day to a receptive audience.

Grade 4/5 Blazers Bell Club

Grade 4/5 Choir

Grade 1-3 Choir

Grade 4/5 Symphony Bell Club

Grade one girls danced across the stage

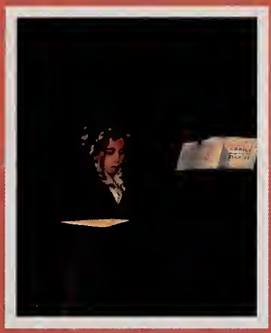
Mrs. Borodkin's grade one class

Caelan Nowicki, Aliya Ashique, Shabare Nagasundaram, and Julia Ryan

Miranda Marrin and Kailey Chan

Mrs. Thomson's kindergarten class

Junior School Production



Gina Plett and Ashley Stanley

Mrs. Sprange's grade one girls

Sports Day

Katherine Robinson played the horseshoe toss

Julia Ryan led some girls in yoga at her station

Alexa Stockl showed the grade one girls how to do the obstacle course

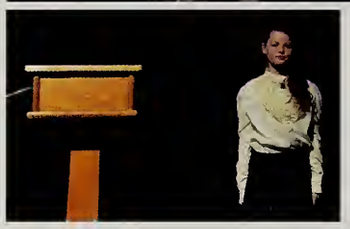
Adi Groumoutis, Chelsea Krahenbil and Gina Plett played soccer

One of the activities was a water fight

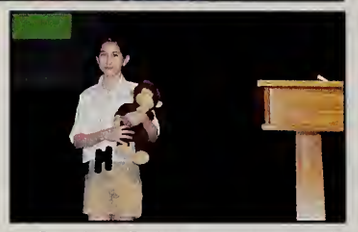
Anna Bajan challenged the obstacle course
Hope Hinchey and Scarlett Andrew had a snack break
Playing parachute games was a popular activity

Hula hooping, limboing and drawing with chalk were a just a few of the many sports day activities

Shabare Nagasundaram explained Rosa Park's role in the civil rights movement



Violet May informed the audience of the life and achievements of Helen Keller

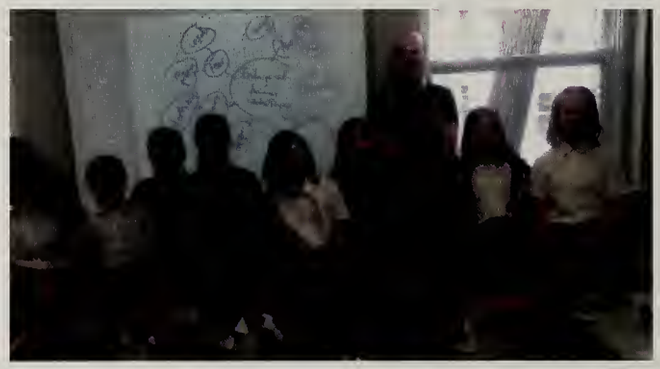


Gabriela Todescan presented how Jane Goodall's work with chimpanzees made a global impact

Gina Plett portrayed BH alumna Colleen Furlan for her notable women presentation

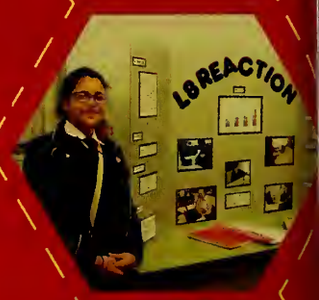
Notable Women and PYP

After realizing that the local/global issue we cared most was the welfare of animals and their habitats, we embarked on an inquiry to learn as much as we could before deciding how that information could be shared with the community. Some of the highlights were selling our animal paintings as a fundraiser for animal charities, choreographing a dance and writing a real song with folk singer Nathan Rogers. We learned so much as we literally raised our voices for the voiceless animals that share our planet.



After a glass of punch and several group photos, parents left and the grade fives found themselves at a lovely dinner with teachers past and present. There were speeches and a special gift, then everyone moved outside for more fun and many more photos to remember this unforgettable night.

Grade 5 Celebration


L&REACTION

Leadership By Example

Ductus Exemplo

Kristin Smith
Head Girl

What's up girlies?! I still can't believe how amazing the 2013-2014 school year has been! From the Yahoo BBQ, Coffee House, Starbucks Day, to our dances, I can honestly say this year has been loads of fun and a HUGE success. A year ago, I had no idea what I was getting myself into. I knew being Head Girl would be challenging, fun, and rewarding, but I never expected to build so many new relationships and learn so many new skills! I'd like to thank all of you - the student body - who gave me the opportunity to be Head Girl. Michael Jordan once said: "Some people want it to happen, and others make it happen" For every great idea, there must be dedicated individuals willing to make it happen - this year the prefects were those individuals. We strived to make your ideas come to life. From the bottom of my heart, I'd like to thank every single one of you for your ideas and contributions. To Maddie, and all the other prefects: Thank you for all your help, thoughts, and advice. There is no other group I'd rather have been on council with, and I promise to never forget any of you. Mom and Dad: Thank you for everything! You rock! The senior prefects - they have all been like big sisters to the middle prefects. It was an honor to work alongside them and I wish them all the best in the future. Ms. White and Ms. Sheps - You've both been so understanding and easygoing throughout the year. Your enthusiasm and optimism kept our spirits high, and you were both always willing to take time out of your day to help us out! You've really been the glue that held us together! To end: Never forget to take chances, be crazy, and SEIZE THE DAY! ~XOXO Kristin Smith

Madison Lacombe
School Captain & Green Prefect

First off, I would just like to thank all of you guys for giving me the amazing opportunity to be your 2013-2014 Middle School School Captain and Green Prefect! I have had so much fun this year and I hope that all of you have too! We have had a very successful year and I know from seeing you at school everyday that everyone had seized the day somehow this year! We have had many fantastic events this year such as our dances, Science Fair, Heritage Fair and let's not forget how much we all looked forward to Starbucks Day! Personally, these events have provided a great opportunity to get to know you all better and build new friendships with you guys. I am so happy to have been able share these events with all of you building great memories together! When I look back on the year it seemed to go by quickly, which probably means it was a lot of fun! Wishing you all the best in the summer and in the 2014-2015 school year!

Love Maddie

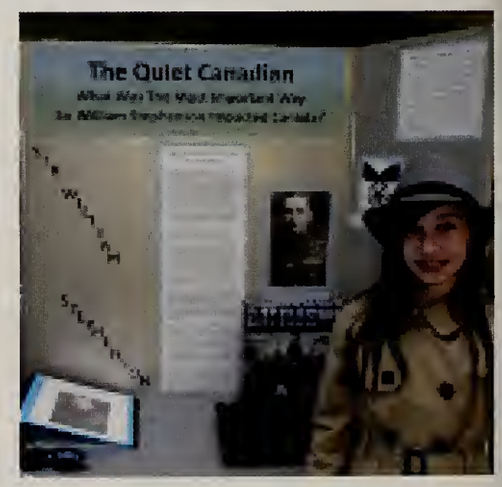
Heritage Fair

Grade 6 students at Balmoral Hall School celebrated two and a half months of research and writing with the presentation of their Heritage Fair projects. With creatively constructed displays, thoughtful speeches, and endless enthusiasm, the girls showcased their work to faculty, family, and friends as judges evaluated their projects. After identifying notable individuals, organizations, landmarks, and events in Canadian history, students continued to think critically about their chosen topics with educational trips to the Millennium Library, Archives of Manitoba, and more. All students demonstrated their understanding of our collective heritage in Winnipeg, throughout Manitoba and across Canada. Everyone who had the opportunity to attend the fair learned something new. A few members of the grade 6 class were selected to represent Balmoral Hall provincially at the Red River Heritage Fair.

The grade 6 students displayed their projects in the atrium for the school to see

Karen Jensen presented a visually complete history of "Eaton's"

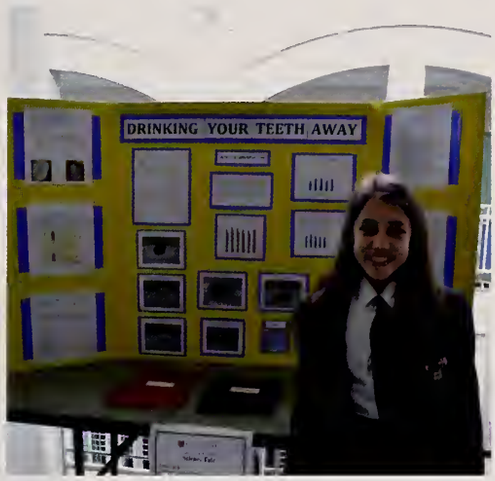
Sally Yu presented her project to Madame Boiteau entitled, "Chinese Immigrants"



Mila Slutchuk got in character for her project, "The Quiet Canadian"

Science Fair

Rachel Bernhardt described her project, "The Acid Test," to grade 8 parents



Claire Meier displayed the results of her project entitled, "Drinking Your Teeth Away"

Lulu Alessawi presented her topic, "L8 Reaction"

The grade 8 class displayed their backboards for parents, judges and spectators

Over two and a half months, the grade 8 girls worked on their Science Fair projects. The projects ranged from psychology to chemistry and there was a vast amount of different ideas and experiments. After all the work put into these projects was complete, we were able to present these projects to parents with many questions to ask. We also presented our projects to different judges from corresponding fields of work. Although we were nervous to present our projects, we ended up having a great time. After working hard on these projects, it was a good feeling to share our knowledge with others. It was a positive experience for all grade 8s!

By Rachel Bernhardt and Kirsten Benidickson

Camp Arnes

Kaytlen Recine explored nature

Katharina Czarnecki de Czarnce and Mme. Boiteau had a great time in the field

Charlotte Falck braved the rope bridge

Kaytlen Recine had challenged herself to rock climbing

Camp Arnes will definitely be one of the highlights of grade 6. It was a chance to make new friends and bond with old ones. Even though we were only there for two days, everyone enjoyed the many fun activities. We faced our fears at high ropes, flew up in the sky at zip lining, climbed to new heights at rock climbing, and tested our accuracy at archery. We were animals when we played Instincts for Survival, we learned how to make a fire that we cooked bannock over, and we went swimming. When we were not at an activity, we were busy spending time getting to know each other and our teachers better. When we came home on Friday, we were happy to see our families and excited to tell them all about our great experience at Camp Arnes.

By Madelaine Baigrie

Yurt Camp

The grade 7s had an amazing time kayaking, rock climbing and mountain biking

Anna Layte had a blast rock climbing

Jessica Sui was speedy while mountain biking

Chelsea Venevongsa showed that rock wall who's boss

Brooke Antman loved going biking

The Grade 7s went to Yurt Camp for two days and one night. We left at 6 a.m. and had a three-hour bus ride there. When we arrived we had breakfast, then we got put into groups and headed off to our first activities. There were four activities to do: rock climbing, kayaking, hiking, and mountain biking. Each group got to do two activities a day. There were two places where the grade 7s slept: the tipi and the yurt. We were all very excited to get our sleeping bags out and set up our beds. We had two action-packed days and we were all really tired. Yurt camp was the best!

By Logan Chubaty Boychuk

Camp Wannakumbac

The Grade 8 girls went to Camp Wannakumbac on the shore of Clear Lake. After the beautiful drive up, we went on a nature-filled hike to the town of Wasagaming where all of the girls purchased some well-deserved ice cream. That night, we had a fun scavenger hunt, roasted marshmallows, and sang songs around a campfire. On Thursday, we had a great breakfast and then did rotations of three activities: dance, sports, and archery. We finished the day off with making our magazine pages. On the last day, we took a small hike and got spooked by the abandoned cabins. Overall, we all had a great time making memories that will last a lifetime.

By Lauren Melnyk

The grade eight students got to know each other better at Camp Wannakumbac and began the year with a retreat of bonding and fun activities

Claire Meier, Katelyn Battad, Kristin Smith, Kirsten Benedickson, & Serena Buchwald stopped along the beach during their hike

The girls enjoyed some free time on the swings

Claire Meier and Kristin Smith began their 7 km hike at the sign to Camp Wannakumbac

Mother-Daughter Tour of Italy

Karen Jensen, Jovy Taruc, Meghan Hatcher, Chelsea Venevongsa, Camryn Gauthier and Eliana Rodrigues visited the Piazza dei Miracoli in Pisa

Emma Javra and her mom had the opportunity to travel down the canal via a gondola

Meghan Hatcher, Jovy Taruc, Brooke Mancusi, Emma Javra and Chelsea Venevonga visited the Florence bell tower

The group toured Venice during their journey

On March 21 nine girls from grades 6-8 along with their mothers/guardians, travelled to Italy with Mrs. Kamins and Miss Kirk. After a perfectly timed overnight flight we spent two rainy days in Venice touring. We saw the Rialto Bridge, Piazza San Marco (St. Mark's Square), the Peggy Guggenheim Collection, and the Doge's Palace. We also went to a Murano glass blowing demonstration! While we were in Venice of course we had to go for a gondola ride! After Venice we took a bus ride to Bologna on the way to Florence. Once in Florence, we took in the many sights including the Basilica di San Lorenzo, the Duomo, the Bell Tower, Pitti Palace, the Boboli Gardens, Michelangelo's David and Santa Croce. We also spent some time shopping in the leather markets and at the food market. One of the last days in Italy, we took a day trip bus ride to Siena and San Gimignano. Back in Florence, we were all sure to rub the boar's nose to ensure that we would return!

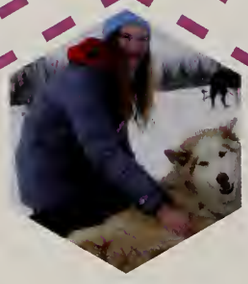
While exploring the town, the girls came across a dog born and raised in Churchill

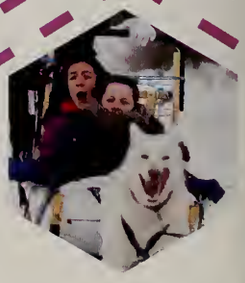
Maya Schwartz and Allison Hilliker built a snowman while waiting for their turn to dogsled

Churchill Trip

Sixteen grade 9 students went to Churchill, and it was one of the most amazing trips that we have ever been on. We arrived at the Churchill Northern Studies Centre and immediately started our day. We somehow fit in a tour, lunch, an outdoor walk and a movie though we were completely exhausted! The next day we got to experience a full-day ride on a Tundra Buggy and we saw 14 polar bears. Not only that, but we all got to drive the buggy as well, which really was an experience. We then had the rest of the night to relax and just get to know each other better. We explored the town of Churchill, and then spent the afternoon dog sledding at Bluesky. This experience was a great way to get to know the people in our grade and explore such a different part of our province. It was truly spectacular.

By Gillian Chiu



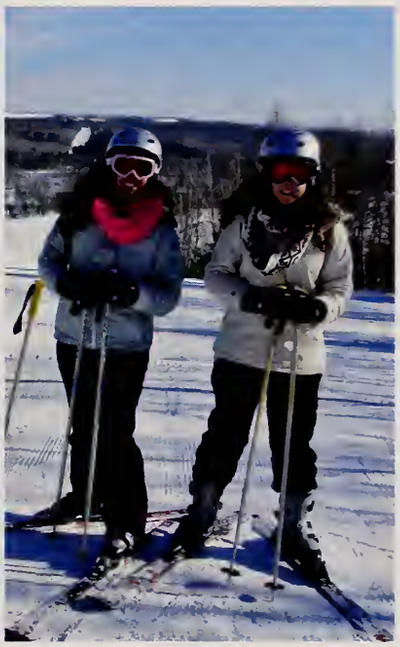


In the beginning of February, girls from grades 8 to 12 travelled to Giants Ridge for the annual ski trip. The 2014 ski trip was one of the best out of all of the ski trips I have been on. For the two days we spent skiing, the weather was perfect! It was sunny all day and the wind was not too unbearable. This made for some wonderful memories. Getting to ski with friends and teachers as well as go shopping in the town we stayed in were some of the highlights. It was great becoming closer with all of the girls who went! Thanks to all the staff that helped organize and came to supervise.

By Eva Downey

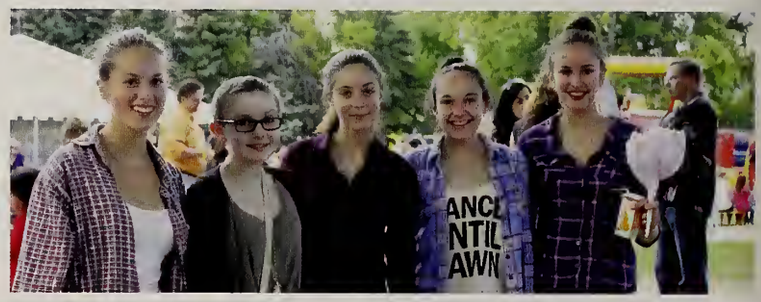
Ski Trip

Julia White and Cady Jessiman rode the ski lift



Ana Leon Diaz and Paola Ampudia de la Huerta

Yahoo Barbecue



Friends and families hung out together and were treated to carnival type foods

Cassidy White waited for her turn to get a balloon animal made by the clown

Many kids stopped by and enjoyed meeting the animals, making the petting zoo a popular spot

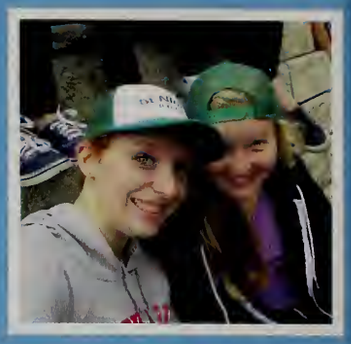
The Yahoo Barbecue is a much anticipated event at BH. Every year, the BH Parent Association organizes the event for the students and their families and it is always a blast. There is always an abundance of food and this year was no exception! It was held in the front of the school and had a wide variety of activities. These activities included pony rides, bouncy castles, glitter tattoos and even a petting zoo. It was a tremendous success and was thoroughly enjoyed by students, staff and all other guests. Everyone appreciated the effort put into organizing this event!

The Legally Blonde musical was promoted by grade eleven and twelve students

There was a line up a mile long as Eva Downey and Mrs. Christie handed out bags at the bag bar, everyone could hardly wait to see what she would get for a prize

The crowd gathered to watch performances put on by St. Mary's, St. Paul's and BH students

The grade 12 students made their final trek as a class participating in the annual St. Paul's Walk



Kaitlyn McIntosh and Eva Downey watched the performances at their last walk

BH students performed a wonderful dance at the talent show

Mrs. Gariepy, Mr. Krymusa, Mr. Kerr and Mrs. Sheps relaxed after the walk by eating lunch made by the St. Paul's boys

St. Paul's Walk

The St. Paul's annual walk is a great way for students from Balmoral Hall School, St. Mary's Academy and St. Paul's to build friendships and have fun. Each student donated ten dollars and the donations went to Cancercare Manitoba. There were lots of activities and a talent show. Balmoral Hall School was involved in the talent show and they did a really good job in the dance off against St. Mary's. By Apple Fong, Grace Gu and Dahniel King

Students all gathered together and cheered for their school representatives

Sharon Joda and Jessica Kirschner got to know each other better during the time at the Walk

Girls for the Cure

Members of the Chemo Savvy dragon boat racing team formed an arch with their oars to begin the walk to the Forks

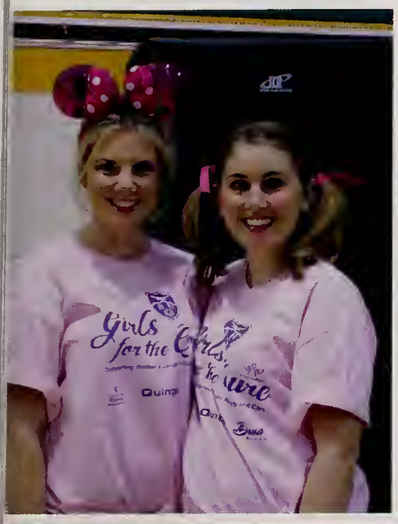
Victoria Davidson and Sarah Gage warmed up before the walk

The prefects presented a cheque for $21,921.18 raised by the Balmoral Hall community

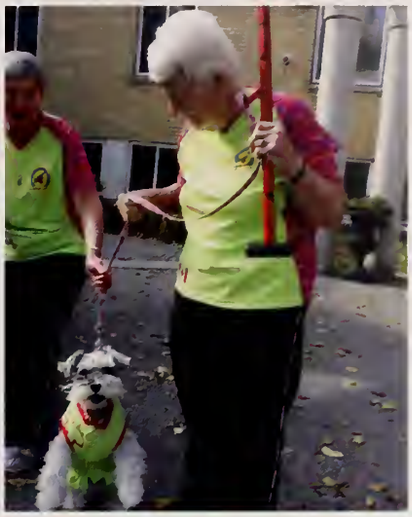
The speaker was very informative on the topic of cancer and inspired all the girls to be sun safe with their skin

Mrs. Kamins announced the cheque donation

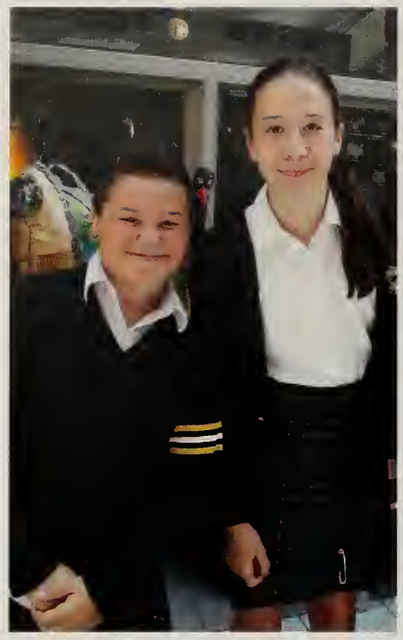
Girls for the Cure was a very fun and informative day. Everybody dressed in pink mufti to show their support for breast cancer awareness. The Middle and Senior School girls listened to a presentation on the causes and effects of skin cancer. After lunch, we all met in the gym along with Mulvey School to perform a warm-up and then headed out for the walk. After the walk, there were cookies and water for all to enjoy. Everybody had a great time!



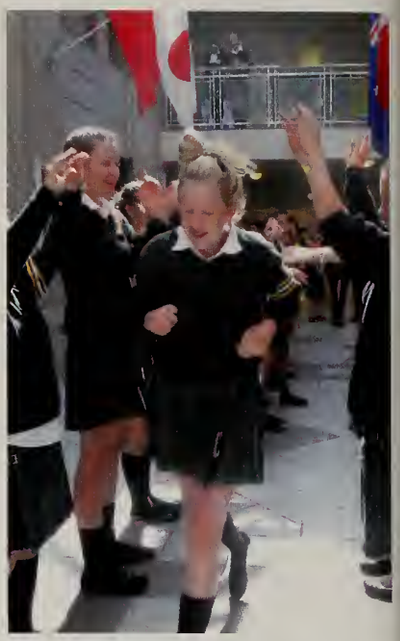
Everyone was well on their way
to the Legislative Building



The girls enjoyed spending time with friends
during the event



Hannah Baran and Jessica Kirsh-ner were happy to participate in WINS Day activities



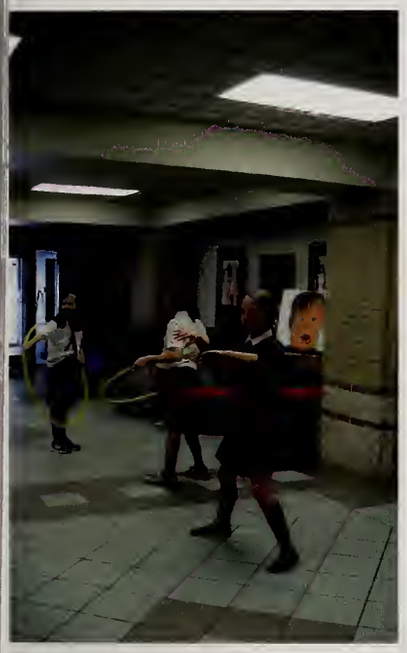
Dani Creighton is welcomed into Senior School

WINS Day

WINS day, or 'Welcoming in New Students Day', is an annual event at the beginning of the school year where the prefects organize activities to welcome in the students new to the school, new students to Senior School and have everyone get to know each other. The prefects arranged a variety of activities for the girls to participate in. The activities are team-focused so that new and returning students can bond. It was a great day and all the students appreciated getting to know each other through the event. By Kaitlyn McIntosh and Eva Downey

BH girls showed their school spirit through the 2014 "Seasons" themed Spirit Week! Monday was summer day; girls were allowed to accessorize their uniforms with summer items such as sunglasses and hats. Tuesday was fall day, so girls could wear fall accessories with their school uniforms. Wednesday was winter themed, and there was a chance for all of us to go outside during flex for winter activities in addition to wearing winter accessories with our uniforms. Thursday was spring themed and the we could wear our spring uniforms earlier than usual. Friday was pyjama day, and in the afternoon, students enjoyed the annual coffee house with performances from their peers and teachers. Overall, Spirit Week was a great way to start Spring Break.
By Jillian Karlowsky

Spirit Week



Students participated in the hula-hooping competition at flex

Middle school student Grace Speirs enjoyed the limbo game

Quebec

Nicky DePape and Ashley Allan sported uniforms of French and Brittish soldiers

Mrs. Heinrichs and Eva Downey donned costumes of early Brits

At the sugar shack, the girls made maple syrup taffy pops

In order to get dessert, everyone had to dance the macarena

On may long weekend, girls in grade 11 and grade 12 French travelled to Quebec City. The trip consisted of speaking of lots of French, as well as lots of walking. Bright and early on Thursday morning, they hopped on the plane to Montreal and then took a three-hour bus ride into Quebec City. Dinner on the first night was a wonderful fondue. The evening was spent on a disco cruise touring le Flueuve Saint-Laurent. Friday morning started off with breakfast at the parliament buildings of Quebec, followed by a tour of the buildings. The group visited Artillery Park, where girls modeled uniforms of French and British soldiers from colonial times. The afternoon was spent touring Beaupre Coast. Dinner was held at a sugar shack which included live music, dancing, and a tour of the maple trees used in the production of maple sugar. Saturday was the last full day, and was filled with lots of walking! The morning started with a guided tour of La Citadelle, an active military garrison. Located at La Citadelle is also the Governor General's second official residence, which we also got to tour. In the afternoon, there was more personal exploration time of Old Quebec. The evening was spent touring the back streets of Quebec on a spooky ghost tour that highlights 400 years of murders and ghost sightings throughout the city. On Sunday the girls said goodbye to their tour guides and Quebec after a delicious crepe breakfast.

By Eva Downey

Halloween

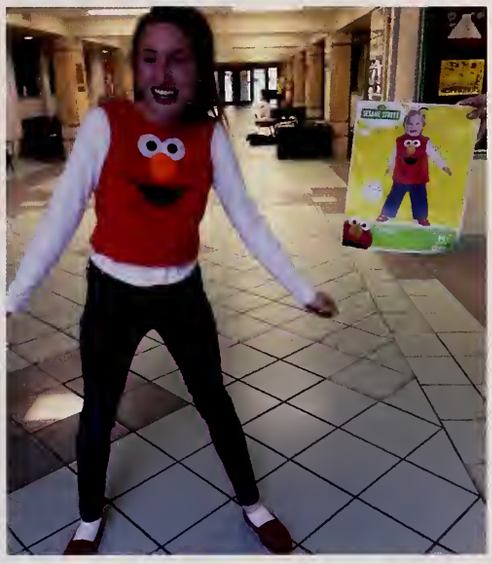
Grade 7s represented a variety of characters
Katie Davidson and Claire Hughes promoted the Legally Blonde production
Annick Beauchesne, "I'm not Elmo, I'm THIS kid!"

Shannon Ormel dressed up as a "lounge lizard"

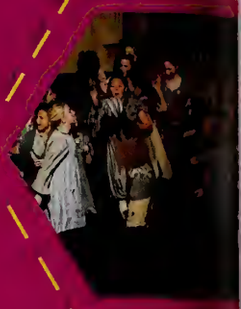
Breaking Bad- Sophia Buller-Courage, Hannah Baran and Alex Trann

Shirly Feng, Apple Fong and Grace Gu dressed up as prisoners

Isabel Gomez, Maria Perez and Paola Ampudia were geeks



The grade 6s wore colourful costumes for Halloween



The Drama Has Been Acted Out

Acta Est Fabula

Claire Hughes
Arts Prefect

HEY YOU GUYS! Wow this year has been great. It doesn't even feel over yet. I remember standing up on stage in front of you reading my speech like it was yesterday. This year has been very successful in the Arts program. I would love to thank everyone who helped make this year's arts program fantastic. So many people this year really showed me how they "Seized the Day" by joining the musical Legally Blonde, and the Music Review Orphans, also by taking part in the Legacy Exhibition that was held in December. I hope everyone had a blast this year! I know that there will be many more fantastic years to come. I would like to thank everyone for making my last year at Balmoral Hall one to remember. I would also like to say a special thank you to Ms. German and Mrs. Karlsson. If it weren't for these two great teachers, the Arts this year wouldn't have been as great as they were. I hope everyone has a great summer! Love Claire

Junior and Middle School

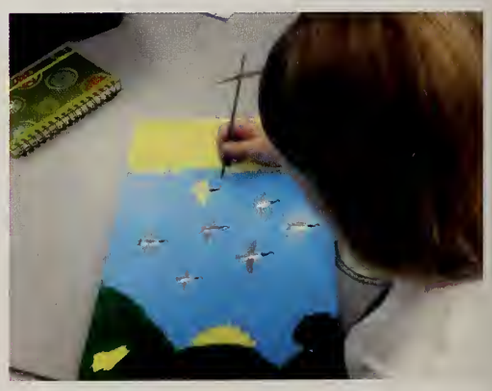
Grade 1 Polar Bear Dioramas
Alex Campbell, Avery Fletcher and Victoria Stefanson

Grade 2 Sea Monsters
By Anna Dornetshuber and Emily Cuvelier

Self Portraits by the Kindergarten class

Klimpt Style Self Portrait
By Ryann Hafenbrak- Grade 3

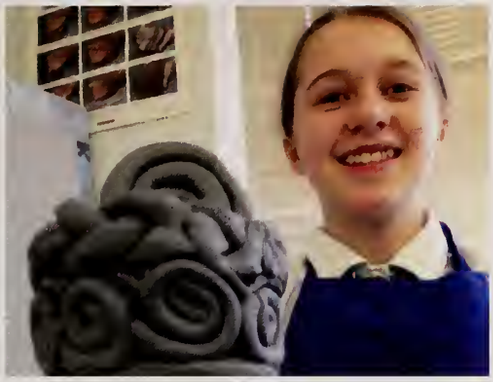
Grade 4 Rock Art
By Jordan Campbell and Amy Bajan



Grade 5 paintings

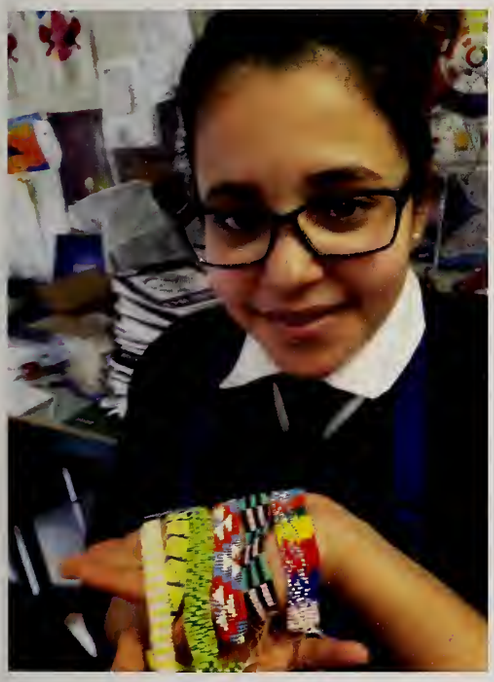
Studio Art

Grade 6 Pottery in the making
By Emma Hafenbrak and Zoe Zaretsky



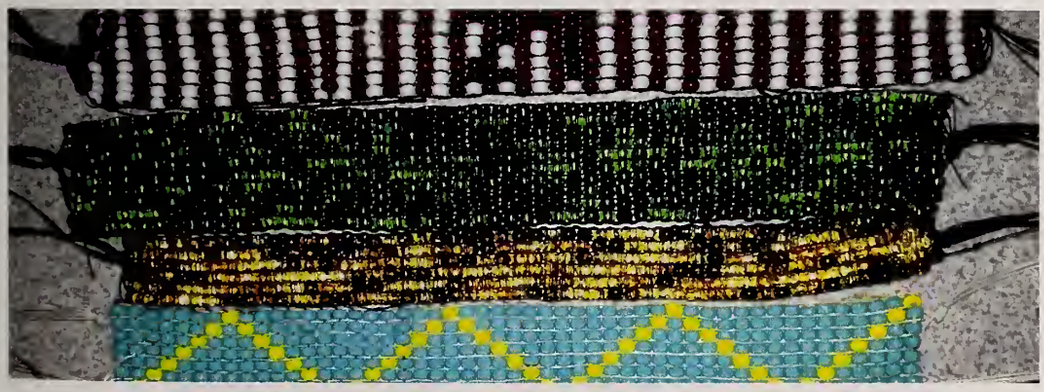
Coil Pottery Vase
By Grace Thomson, Grade 6

Bird Collaboration
By Emma Joyal, Grade 7

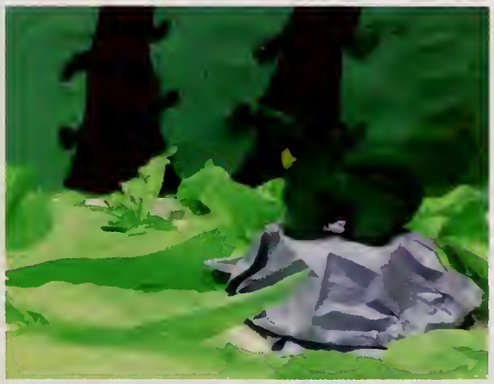


Beaded Bracelet
By Lulu Alessawi, Grade 8

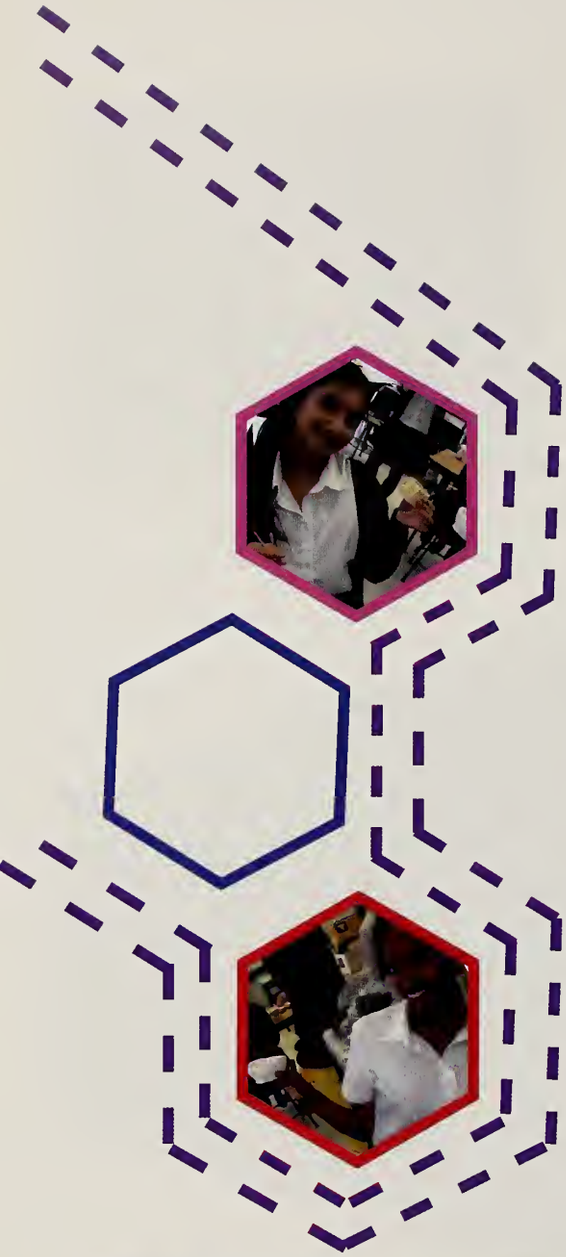
Greek Themed Coiled Pottery
By Katelyn Battad, Emma Javra, Shahd Haresha and Claire Meier, Grade 8

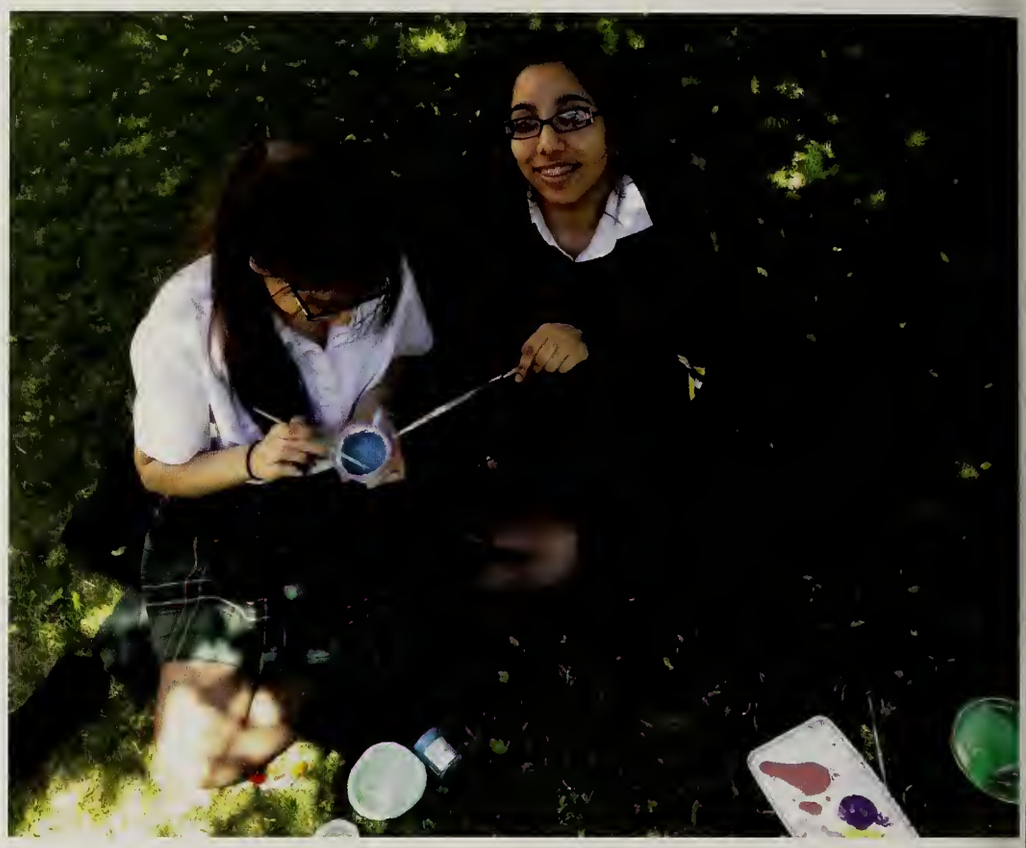


Beaded Bracelet
By Isabel Gomez, Grade 8

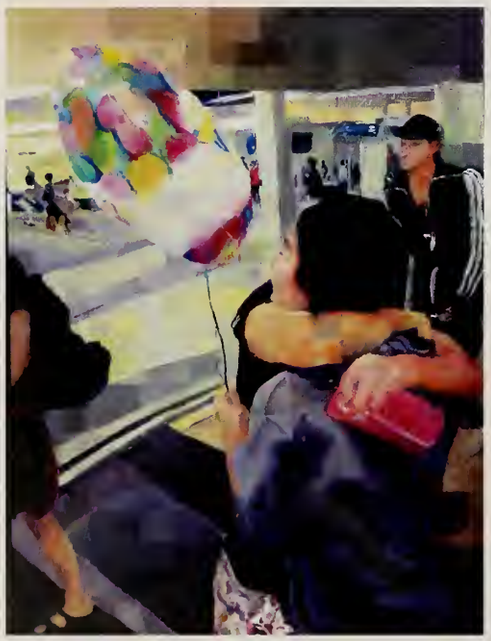


Fondly Remembered Dinosaur
By Gabi Nowicki, Grade 7





Pottery Glazing
By Assiyah Ashique and Garima Moudgil- Grade 10



Left: Painting
By Erin Jeong, Grade 10

Centre:
By Jenny Sikora and Sharon Joda, Grade 10

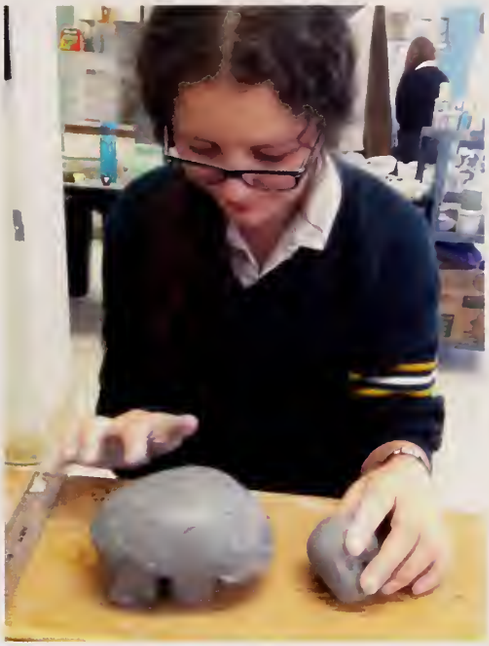
Right: Handmade Plate Decoration
By Umema Rafay, Grade 9

Studio Art

Left: Ashley Jiang, Grade 9
Copper Bookmark Project

Centre: Sculpting
By Emma Holeman, Grade 11

Right: Sculpting
By Alexis Ogaranko, Grade 11



Lora Hu, Grace Gu and Kim Jin worked on projects at the Plug In Gallery

Digital

Tori Stebnitsky
High Definition Resolution

Alycia Leafloor
Distorting Reality

Morgan Morrow
Distorting Reality

Chloe Balog
Macro Picture

Pictures

Iqra Tariq
Culture

Yuri Ichihashi
Distorting Reality

DaYu Jin
Distorting Reality

Sari Glow
Culture

Desktop Publishing

Alora Simpson
Advertisement

Sharon Joda
Advertisement

Wameed Ben Shaban
Postcard

Sydney Baley
Postcard

Broadcast Media

Jessica Andjelic
Story

Lily Li
Story

Olivia Meier
Newscast

Alex Blake
Newscast

Middle School Production

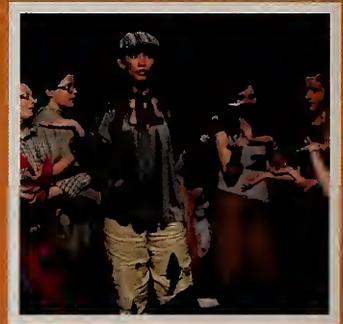
Rachael Buchwald read a book to the orphans

Madison Lacombe sang "Maybe", an emotional song about her foster parents

The Orphans reacted to the gifts they gave to Cosette (Lauren Melnyk) after she sang about her dream "Castle on a Cloud"

Lia Loewen really put a lot of effort into the part she played

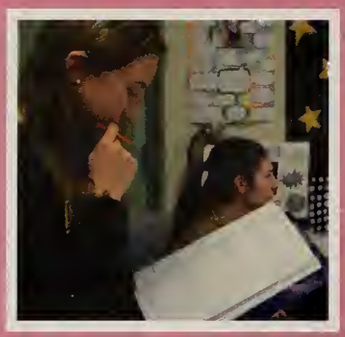
Jasmine Tingey sang "Fugue for Tinhorns" from the musical Guys and Dolls



The Middle School production of Orphans from April 16th and 17th was a great success! The girls worked hard starting from the beginning of the year. The show Orphans was a review of different songs from classic musicals such as Annie, Matilda, Oliver, Newsies and more. The girls were able to shine through solo performances. Not only that, there were also a wide range of group singing and dances that helped to make Orphans unforgettable. This musical not only gave the girls new memories but it also gave them a new love for the performing arts inspiring more girls to audition for the larger roles for future years. The Cast is very excited for the next year's musical and hopes that the audience enjoyed the show as much as they did while performing it. By Rachel Bernhardt and Victoria Young

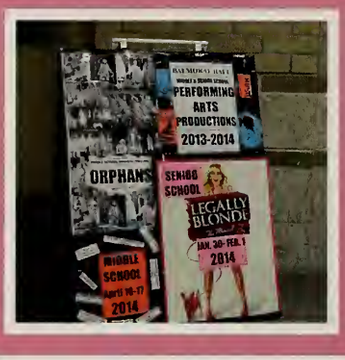
Middle School students played their roles
of orphans very well, showing the range of emotions
and experiences that orphans go through

Claire Meier and Kirsten Benidickson (left) and
Jessica Sui and Kendra Hamin (right)
put a lot emotion into their ensemble participation
Grace Speirs (below) sang "In my Own Little Corner" from
Cinderella with the rest of the grade 6s



Annick Beaucheene read over her script during rehearsal

Mila Slutchuk and Hayley Stacey became closer as they worked together on the show



A decorative sign was on display to promote the show

Claire Hughes, Hayley Stacey, Aurora Roberts and Olivia Kim performed together as Delta Nus

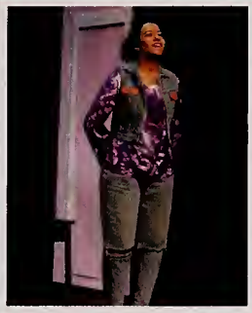
Legally Blonde

The senior school production "Legally Blonde" was put on from January 30th, to February 1st. Legally Blonde tells the story of Elle Woods who follows her ex-boyfriend to Harvard Law School to win back his heart. Through her journey, Elle not only learns about law but about herself and what she is truly capable of and proves that she is more than just her hair colour. It consisted of various songs and dances that the girls performed. The girls began rehearsals back in September practicing and polishing to perfection. Everyone had an enjoyable time performing on stage and creating closer bonds with one another. From major roles to minor roles everyone worked their hardest to put together this musical for everyone to enjoy. We thank all participants and audience for making the show possible.

Hayley Stacey sang "Legally Blonde" as Elle Woods

Claire Hughes, Alexandra Chubaty Boychuk, Annick Beaucheene, Jessica Lu, and Sydney Baley performed the 'Harvard Scene'

Lexy Müller Morán sang "Ireland" as Paulette



Hannah Baran sang "Serious'" as Warner

Taylor Maidment and Sophie Joyal acted as patrons in the Hair Salon scene

GO
BLAZERS
GO

To Victory
Ad Victoriam

Paige Hastings Van
Sports Captain

It has been another great school year for sports and athletics, and I can hardly believe it has already come to a close. Throughout this year, so many memories have been made that we will be able to cherish forever. We have had so much fun with interhouse activities such as: BH Top Chef, Student vs. Teacher Sports games, gingerbread house making and pumpkin carving contests. A huge thank you to everyone who was involved in BH athletics this year: coaches, teachers and athletes, we couldn't have done it without you. It has been an honor to have been your Sports Captain, and I hope you all have enjoyed this year as much as I have. Have an amazing summer, and best of luck in all of your future endeavors!

Love, Paige Van

Makenzie Taylor

and Alex Jokinen

Braemar House Heads

This year has flown by so quickly!!! It has been a great year for Braemar; I had an amazing time being your House Head. Everyone has been so spirited from the teacher vs student interhouse, cook off, pumpkin carving, charades and so much more. I am so pleased with all of the participation from the girls in blue. You girls made me proud to be the House Head of the best house ever! Thank you to all of the other House Heads for being great sports when it came to competition and I would like to thank the middle school Braemar House Head Alex, for helping get all the Breamarians pumped up!!! I would also like to thank the sports captain Paige Van for all the help in planning and organizing interhouse. Keep the spirit up Braemarians and keep rocking the blue. It was such an honour to be your house head. Thank you so much! GO BRAEMAR!!!
Mak

Braemar

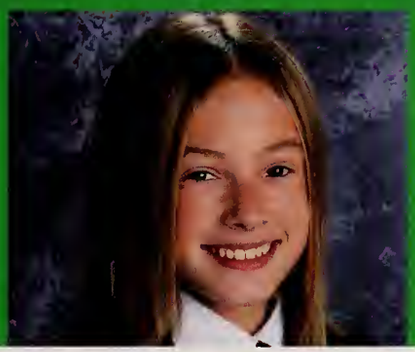
Craig Gowan

Gloria Lambeta

and Emma Javra

Craig Gowan House Heads

Hey Craig Gowan! I had an amazing time with you this year and would like to thank you guys for coming out to interhouse, bringing your spirit and loud cheers. We have proven that the bird house is the one to look out for. The interhouses involving teacher versus student activities, like charades and volleyball, brought a large crowd because you got to see the teachers act silly and you cheered them on! My favourite interhouse would have to be BH top chef. Obviously, when we, BHers, hear there will be FOOD at an event, expect us to be there! It was great seeing the teachers and students working together trying to make a creative dish for the judges. Thanks for supporting your fellow big birds and always seize the day! Go Craig Gowan!
Gloria



Katie Davidson
and Lindsay Speirs
Ballater House Heads

Ribbit Ribbit... Hey all my Ballater girls! This year has been super successful for our house! Go green! We have had amazing participation in all of the interhouses this year and I am so happy that everyone has been so involved and has put so much effort into making this year's interhouses a huge success! I would like to thank everyone who participated in the events as well as everyone who came out to watch! You guys are amazing! We have definitely proven that Ballater is an awesome house that is full of enthusiasm and spirit! Thank you so much for making my last year at Balmoral Hall one that I will never forget! To my fellow house heads, thank you all so much for being so dedicated all the time and for always coming up with such great ideas. Also, a huge thanks to Paige Van for making everything come together this year and being the best Sports Captain yet! To next year's house head, good luck, and make sure you keep the Ballater spirit going! GO BALLATER! Katie

Ballater

Glen Gairn

Lexie Zimmer
and Bryce Paterson
Glen Gairn House Heads

I have so many great memories from the 2013-2014 school year. I can't believe how fast it has flown by. I am so proud of the involvement from all of you, especially from Glen Gairn, at interhouse this year. Whether watching student vs. teacher basketball, top chef or participating in the Easter egg hunt, the excitement and enthusiasm of the students is what has made every interhouse so much fun. I have had so much fun being on student council and planning these events for you this year. I hope you all continue to seize the day and make the most of your time at Balmoral Hall. Lexie

Wellness Day

Craig Gowan
Claire Hughes and
Mr. Krymusa

Ballater
Taylor Maidment and
Mr. Kerr

Braemar
Alex Chubaty-Boychuk
and Mr. Williams

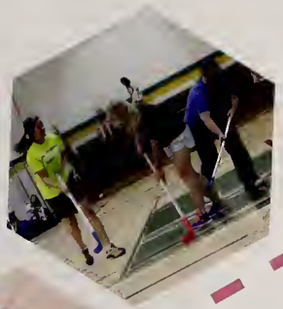
Glen Gairn
Kati Tabin and
Miss Hart

Representatives of the four houses competed in a "Master Chef" competition

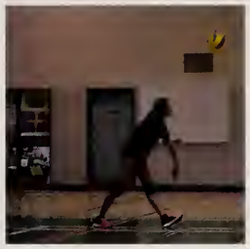
On Friday, January 17, the Balmoral Hall Parent Association hosted the annual Wellness Day. During Wellness Day, it is Mufti Day for the whole school and the theme is athletic wear. Staff and students are encouraged to bring their own reusable water bottles. Parents are welcome to join for a half-hour Zumba workout in Richardson Hall Athletic Centre in the morning followed by a light breakfast in the atrium. Activities throughout the day focused on nutrition and health.

Students were treated to frozen yogurt tubes while they watched the Master Chef competition

Parents, staff and students did Zumba in the gym on Wellness Day



Staff vs Students



This year for Interhouse, our Senior School Sports Captain, Paige Hastings Van, organized many Staff vs Student games. There was a wide variety of sports played such as volleyball, basketball, floor hockey and even charades. The excitement levels were very high, for both the players and the spectators. The students and teachers both cheered very loud for their teams, and brought a great deal of enthusiasm to the games. Not matter who won, everybody had a great time!

Developmental Volleyball

(Front Row) Gabi Nowicki, Karen Jensen, Logan Chubaty Boychuk
(Middle Row) Emma Hafenbrak, Portia Topnik, Gracie Speirs, Katharina Czarnecki, Kaytlen Recine,
(Back Row) Mackenzie Bayrak, Natasha Hofer, Zoe Zaretzky, Saije Catcheway, Lily Stewner, Coach: Tannis Hart
Missing: Anna Layte

Junior Competitive Volleyball

(Front Row) Mia Battad, Rachael Buchwald, Kaytlyn Battad, Jessica Sui, Victoria Stefanson, Kate Hokanson, Kathryn Lyon
(Back Row): Coach: Mandy Green, Olivia Keane, Meghan Hatcher, Eve Hastings Van, Avery Fletcher
Missing: Isabella Janzen

Varsity Volleyball

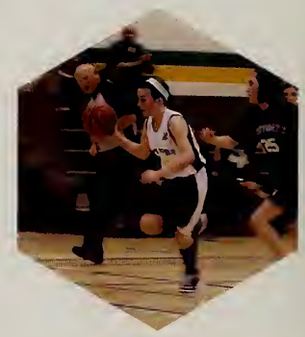
(Front Row) Ashley Allan
(Middle Row) Sophia Buller Courage, Alex Trann, Danielle Moreau, Jane Guberman, Chloe Balog
(BackRow) Mary McKeigan, Simran Roopra, Taylor Maidment,
Jessica Andjelic, Coach: Jessica McDonald
Missing: Annick Beauchesne, Sarah Gage, Claudia Venevongsa,

Grade 4-8 Track and Field

The students in grades four through eight participated in a school level track meet, and the following students went on to compete at Knights of Columbus: Saije Catcheway, Mackenzie Bayrak Newton, Grace Thomson, Emma Hafenbrak, Sasha Planinich, Nadya James-Roy Eva Hagel MacPherson, Madelaine Baigrie, Emma King, Karen Jensen, Irina Znamirowski, Maddie Ritter

Developmental Basketball

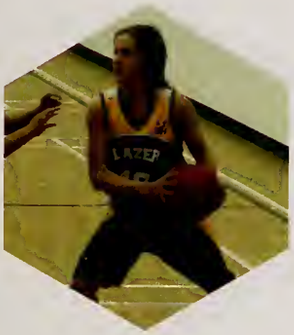
(Front Row) Aubree Reese, Karen Jensen, Zoe Zaretsky, Grace Lynch,
(Back Row) Coach: Paige Hastings Van, Saije Catcheway, Taylor Kroker, Kaytlen Recine, Mackenzie Bayrak-Newton, Lily Stewner, Charolette Falck, Emma Hafenbrak, Eva Hagel McPherson, Maddy Ritter, Coach: Katie Hastings Van, Referee: Gloria Lambeta



Junior Competitive Basketball

(Front Row) Coach: Katie Gooch, Kate Hokanson, Emma Machado, Victoria Stefanson, Anna Layte
(Back Row) Jasmine Tingey, Isbel Gomez, Meghan Hatcher, Eve Hastings Van, Avery Fletcher

Varsity Basketball



(Front Row) Kira Ross, Gloria Lambeta, Fiona Rettie, Erin Maguet, Aynsley Hygaard
(Back Row) Claudia Venevongsa, Mary McKeigan, Katie Hastings Van,
Paige Hastings Van, Lexi Muller-Moran

Junior Varsity Basketball

Taylor Maidment, Chloe Balog, Danelle Creighton, Claudia Venevongsa,
Danielle Moreau, Morgan Dubyts, Jenny Sikora

Curling

Leah Bernhardt , Umema Rafay, Eva Downey, Emily Thompson, Maya Schwartz

Hockey

(Front Row) Ryleigh Houston, Abigail Constant-Bercier, Chelsea Court, Kati Tabin, Tess Bracken, Shannon Ormel, Bailey Horn, Trainer: Darlene Sveinson
(Back Row) Rylie Wills, Coach: Anne Hedley, Tori Stebnitsky, Coach: Krister Toews, Leona Sim, Shea Studler, Danielle Haasbeek, Makenzie Taylor, Paige Craig, Darra Zieroth, Coach: Gerry Wilson, Stephanie Leslie, Jessica Campbell

Track and Field

Danelle Creighton, Danielle Moreau, Jessica Andjelic
Missing: Shannon Ormel

Cross Country

Leona Sim, Shannon Ormel, Rithikha Rajamohan, Katherine Burley,
Alora Simpson, Allison Hiliker

Soccer

(Front Row) Darra Zieroth, Tori Stebnitsky, Kati Tabin, Chelsea Court, Stefanie Leslie, Chloe Balog Kim Hurst, Abigail Scott
(Back Row) Kira Ross, Lexy Muller Moran, Danielle Haasbeek, Rylie Wills, Jessica Andjelic, Claudia Venevongsa, Sophie Joyal, Shradha Moudgil, Makenzie Taylor, Sydney Baley, Eimi Shimura

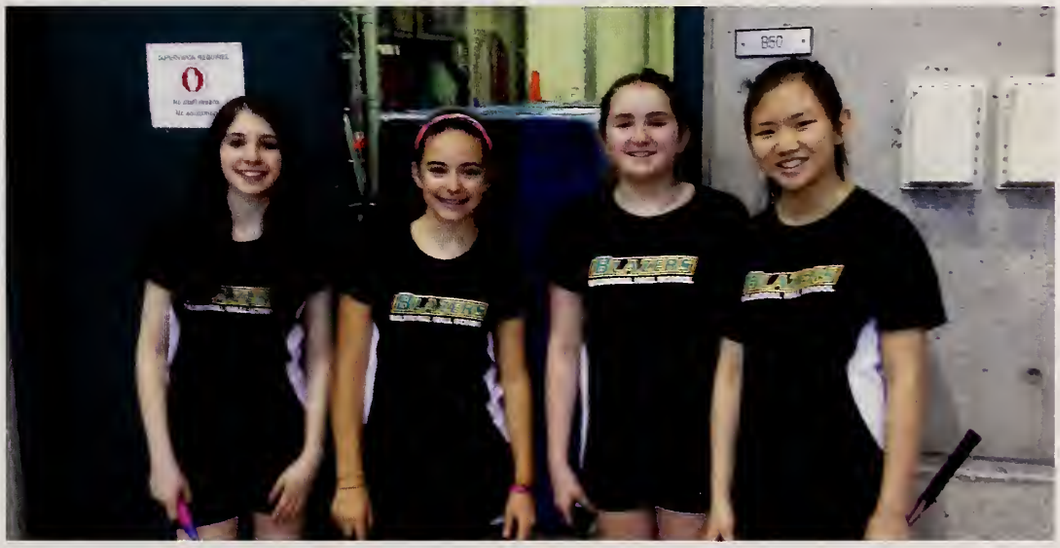
Ultimate Frisbee

(First row) Jordan Steele
(Second Row) Dannelle Creighton, Lexie Zimmer, Taylor Maidment, Dani Moreau, Aynsley Hygaard, Ryan McDonald, Andrew Fustey, Julia White
(Third Row) Asst. Coach: Neil Redpath, Coach: Bryan Williams, Morgan Ross, Gloria Lambeta, Alanna Flom, Bailey Horn, Drake Hechter, Rob Smith, Ryan Stasiuk, Matt McDonald, Andre Mastin, Justin Tsang, Connor Stewart, Coach: Jared Cook
Missing: Ashley Allan, Sari Glow, Giuseppe Colatruglio, Josh Sterner

Badminton

(Front Row) Stefanie Leslie, Olivia Meier, Lucy Wang, Katherine Burley, Chloe Balog
(Back Row) Coach: Tim Krymusa, Taylor Maidment, Claudia Venevongsa, Alyssa Tyhy, Cady Pavagadhi, Coach: John Kerr

Grade 6-8 Badminton



Logan Chubaty-Boychuk, Victoria Stefanson, Gabriella Nowicki
Missing: Emma Hafenbrak, Grace Speirs, Sophie Delaquis, Lauren Burns, Emma Joyal, Kathryn Lyon, Eve Hastings Van, Emma Machado, Anais Isford, Kate Hokanson, Isabella Janzen, Brooke Mancusi, Senna Scerbo, Ruo Lin Zhang, Kirsten Benidickson, Emma Javra, Katelyn Battad, Claire Meier, Julia Johnson

Repeat Provincial Champions!

The BH Blazers Ultimate (Frisbee) Team battled the heat, lightning, rain, mud, and other teams from around the province all weekend long, in hopes of repeating as Provincial Champions. With a very impressive regular season, that saw the Blazers lose only once, behind them, the Blazers Ultimate team went undefeated during playoff weekend to capture gold again in the Provincials at Maple Grove Ultimate Park. The BH Blazers Ultimate Team is made up of senior school students from BH and St. Paul's High School.

Saturday's games were hard-fought and tough to play, as the temperature on the field seemed to rise every hour. The first game was a very close battle with Green Valley that ended in a 7-7 tie. Next up, was another very close game, with the Blazers finding a way to win it on the final point of the game 9-8. Finally, a long, hot day came to end, as the third game was called off, with the score 1-1 against Gray Academy, due to lightning in the area.

Saturday's performance was good enough for a second place finish in the pool and allowed the Blazers to compete in the playoff round on Sunday, beginning with a quarterfinal match-up against Grant Park. The weather offered a new challenge on Sunday, as the fields were soaked and rain was coming down periodically. The Blazers played a great quarterfinal game against a very tough team from Grant Park, ultimately winning 13-10 to earn a spot in the final four. The Blazers' semifinal game was played against Westgate. The Blazers managed to score a few quick points and never looked back, cruising to a 13-4 victory and the right to defend their 2013 Provincial title in the finals.

The Provincial title saw the Blazers take on the Dakota Collegiate Lancers. In one of the most exciting, and tense, ultimate games that many of the fans had ever seen, the Blazers managed to win the game 13-12 on a sudden death point, after Dakota tied the game 12-12 very late in the game. It was an amazing way to end great season with a fantastic group of players.

Sports Banquet

BH crests and plaques are awarded annually. Students that earn these awards have dedicated themselves to hard work and drive in all athletic activities at BH. This requires much discipline to be able to juggle both academics and athletics and is no easy task.

The small BH crest signifies that a student has accumulated over 20 athletic participation points:

Dani Creighton
Sarah Gage
Kati Tabin
Eva Downey
Makenzie Taylor

The large BH crest signifies that a student has accumulated over 28 athletic participation points:

Taylor Maidment
Dani Moreau
Claudia Venevongsa
Bailey Horn
Paige Hastings Van
Katie Hastings Van

The Award of Merit Plaque signifies that a student has accumulated over 44 athletic participation points:

Alanna Flom

Paige Hastings Van began an initiative this year working with Chris Thompson on his Kickballs for Kids drive to help kids needing sports equipment, on this initiative we look forward to a future with K4K and becoming affiliated with a school in Africa.

Kickballs For Kids started out with a single soccer ball on a dirt field in the heart of Tanzania. Since that 1st ball delivery, the project has snowballed out of control, but in a good way. It has been so incredible to see how a bad situation can become good, how things that start small can become big and that it IS possible to make a difference in our world.

Over the past 4 years, Kickballs For Kids has grown in a number of new and exciting directions. K4K has now delivered over 2000 soccer balls to schools, orphanages and children in some of the poorest corners of the globe. With the help of friends and strangers alike, K4K has reached children in more than 30 countries and 5 continents around the world. In 2011, K4K even reached the students at schools on 5 northern Canadian reserves.

Anybody that has played sports knows the health benefits, the character building and the PURE JOY made possible by being part of a team. With Kickballs For Kids, these benefits are shared with children that might, otherwise, never have a chance to play.

One of the main goals of K4K has always been to establish something meaningful and long-lasting; something more than just delivering soccer balls. The Kickballs For Kids Brother/Sister School program is just that thing. The funds raised by various efforts of students in Canada go directly towards supporting a partner school half-way around the world. What starts out as a connection through the universal language of soccer branches out into any other area of need. The first 6 K4K sponsored schools in Uganda, Zambia, Zimbabwe, Cameroon, Rwanda, and Kenya have received new uniforms, balls, team bags, cleats and nets; but the funds raised have also made possible an art exchange and pen pal system for the students in Uganda, track suits for the coaches in Zambia, the first computer that the Zimbabwean school has ever owned and a new schoolhouses and WHOLE NEW SOCCER FIELD for the school in Cameroon! The possibilities are limitless once the ball starts rolling.

MVP/MIP

Balmoral Hall recognized team members as Most Valuable and Most Improved

Developmental Volleyball:
MVP: Gabi Nowicki and Emma Hafenbrak
MIP: Lily Stewner and Logan Chubaty-Boychuk

Junior Competitive Volleyball:
MVP: Olivia Keane and Katelyn Battad
MIP: Isabella Janzen

Junior Varsity Volleyball:
MVP: Alex Trann
MIP: Annick Beauchesne

Developmental Basketball
MVP: Eva Hagel MacPherson
MIP: Charlotte Falck and Maddie Ritter

Junior Competitive Basketball:
MVP: Kate Hokanson and Eve Hastings Van
MIP: Isabel Gomez and Jasmine Tingey

Junior Varsity Basketball:
MVP: Dani Moreau
MIP: Morgan Dubyts

Varsity Basketball:
MVP: Katie Hastings Van and Paige Hastings Van
MIP: Erin Maguet and Aynsley Hygaard

Curling:
MVP: Eva Downey
MIP: Umema Rafay

Prep Hockey:
MVP: Ryleigh Houston
MIP: Makenzie Taylor

Soccer:
MVP: Chloe Balog
MIP: Eimi Shimura

Ultimate Frisbee:
MVP: Sari Glow
MIP: Gloria Lambeta

Athletic Awards

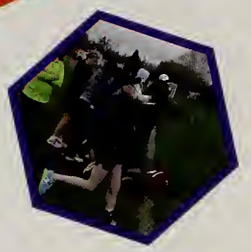
Ryleigh Houston
Junior Varsity Athlete of the Year

Katie Hastings Van
Varsity Athlete of the Year

Paige Hastings Van
Graduating Athlete of the Year

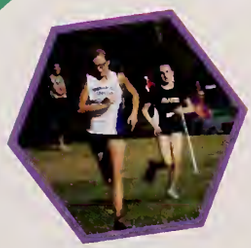
Shannon Ormel
Betty Buggey RLS '26 Scholarship given to a student with a passion for skating

Katharine Davidson
Riverbend School Sports Trophy awarded to a student for organization and participation in interhouse activities

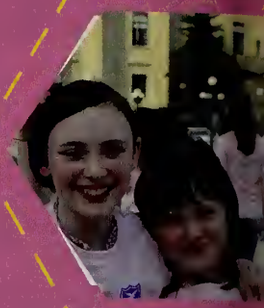


CHEER!

GORAN
GAIRN



Happy
Valentine's
Day!



I Care For The Future
Mihi Cura Futuri

Hazel Deng
Community Service/ Green Prefect

It seems like yesterday when I was on the theatre stage, running for the position of the school's 2013-2014 Community Service/Green Prefect. I remember saying that "the most important goal is to get everyone in the school aware and involved, because as a family, we need the cohesiveness to exploit our full potential of making the change." Looking back on that statement, I now feel a strong sense of accomplishment and an even stronger sense of gratefulness. With crucial support from everyone, we have made the past school year extraordinary for environmentalism and community service. The success of indoor plant adoption, reusable bag sale, multi-recycling, Earth Hour promotion and Earth Week could not have been possible without a community as spirited and wholehearted as BH. Most importantly, I would like to thank everyone in Green Club for taking up all the responsibilities and contributing all the wonderful ideas. As a team, we learned so much about environmental issues and organized so many wonderful activities for the school.It was also immensely gratifying to see girls committing themselves to community outreach this year by participating in Girls for the Cure, Yip, blood donation, and grad gown donation. Huge thanks again for every compassionate soul. I sincerely hope that every succeeding year for BH community service/green will be as amazing as this past one, if not more so.

All the best, Hazel.

Youth in Philanthropy

YiP members discussed site visits to determine monetary allocation

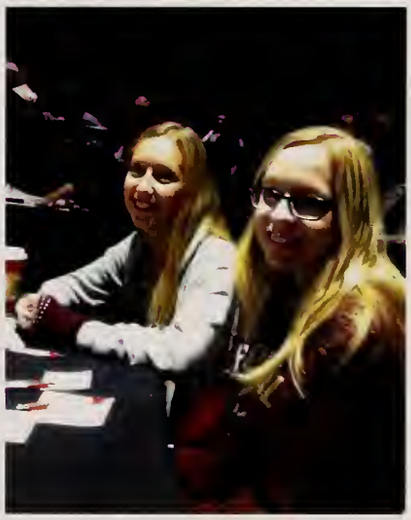
Hazel and Annick met with a representative from a charitable organization

Congratulations to the 2013-2014 YiP participants on another successful year! As a group, we were able to donate $5450 to charitable organizations across Winnipeg to help better our community. Through site visits and research, we learned about different charities, and educated each other on the issues we found to be the most important. Beyond the site visits and research, this year we received Balmoral Hall's first ever YiP in Action grant to complete our project 'Bundle the Love'. Through the grant we were provided the financial support necessary to complete the tasks of making Valentines and care packages for a women's resource centre. The project was a success, making 60 Valentine's care packages in total. At the Year End Celebration, our work was conveyed to all attendees through a three dimensional poster made by several of our YiPpers. Also, thank you to our staff coordinators Ms. Dykeman, Ms. Cloutier, Mrs. Delaquis for helping us stay organized. Being the president of this year was an extremely rewarding experience, and I'm confident the girls will continue the success of the program next year!
By YiP President - Jill Karlowsky

The YiP girls made cards to put in Valentine's Day packages for homeless women

Annie Luo with her Valentine's Card

Ashley Allan, Celina Penny (left) and Cady Jessiman and Kaitlyn Scott (right) attended the YiP conference



Day of Giving

The annual Day of Giving activities were successful once again as Middle and Senior School helped spread holiday cheer. All of Middle School came together to make cards and gift bags to deliver to the residents at Misericordia Hospital and Care Home. While that was going on, Senior School divided into groups that helped with our own Mulvey School holiday party, volunteered at Winnipeg Harvest, helped out delivering food hampers and many other activities that spread holiday cheer and helped local communities.

By Emily Thompson

Senior School staff and students packed and boarded the bus to deliver hampers to families that were put together by homeroom classes

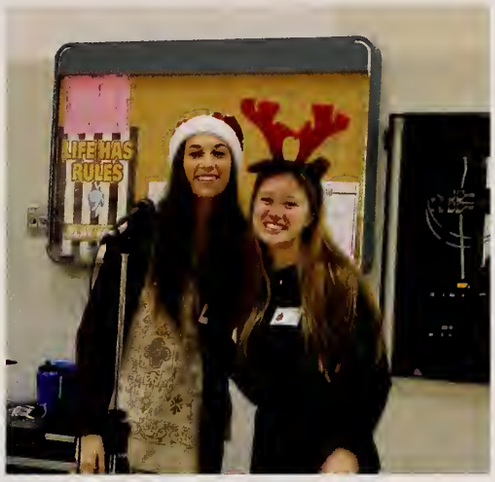
Ms. Hadley, Ms. Henry and Kristin Smith wrapped gifts to send to Misericordia Place

Anna Layte, Julia Johnson, Scotia Fullerton-Collison and Anais Isford compiled gift bags

Kirsten Benidickson made creative cards for the residents of Misericordia Place

Holiday Party

Everyone was treated with holiday cookies and hot chocolate



Prefects Julia and Celina led the Holiday Party activities

Kaitlyn McIntosh helped junior school girls with their crafts

The students finished their reindeer puppets and showed them off

This year at the annual Balmoral Hall and Mulvey School holiday party, everybody celebrated the holiday season together. The party started with grades 1-3 making reindeer hand-puppets. After that , The group had a visit from two energetic clowns which the students enjoyed very much. To end the day, everyone came together to eat delicious cookies and sip hot cocoa. Overall , it was a great day!

By Gillian Chiu

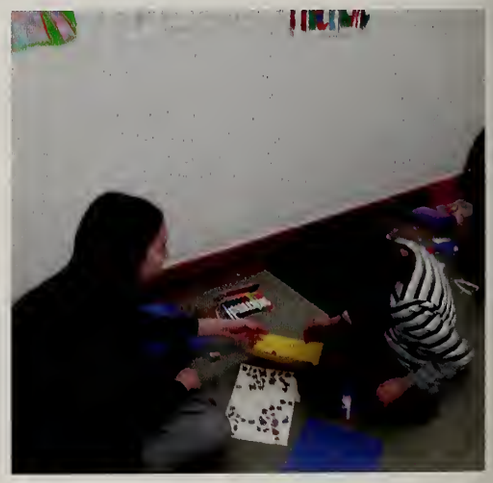
Mulvey Youth to Youth

This year's grade nine students were fortunate enough to be a part of the Youth-to-Youth partnership program within an organization called Right to Play. Our students met and worked as teacher-assistants throughout the year with buddies from Mulvey School that they were matched due to similar interests. They partook in seven fun activities from November until late May, including an initial meeting to get to know each other, a science experiment, and a presentation by contemporary dancers. Next year, the girls will work with their same buddies as a continuation of the two year program. Everyone benefitted from the program, and found it to be incredibly rewarding. The girls are all excited to see their Mulvey buddies in September.

Alora Simpson, Hayley Smith, Samantha Machado and Morgan Dubyts caught up with their Mulvey buddies at the year-end barbeque held at BH

Jennifer Sikora played with her buddy at the barbeque

Rebecca Sun and Lily Li created a game to teach their buddy math

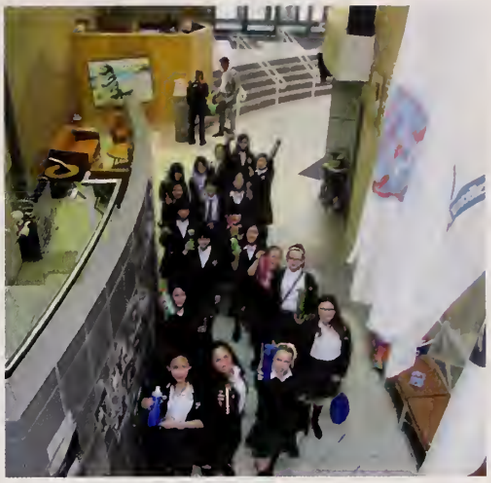


Jessica Kirshner and her buddy made holiday cards to celebrate the season

Green Club

Gloria Lambeta was one of many students to use the new recycling bins placed around the school

BH students had the opportunity to attend numerous informative presentations on the state of the environment as part of a climate change conference



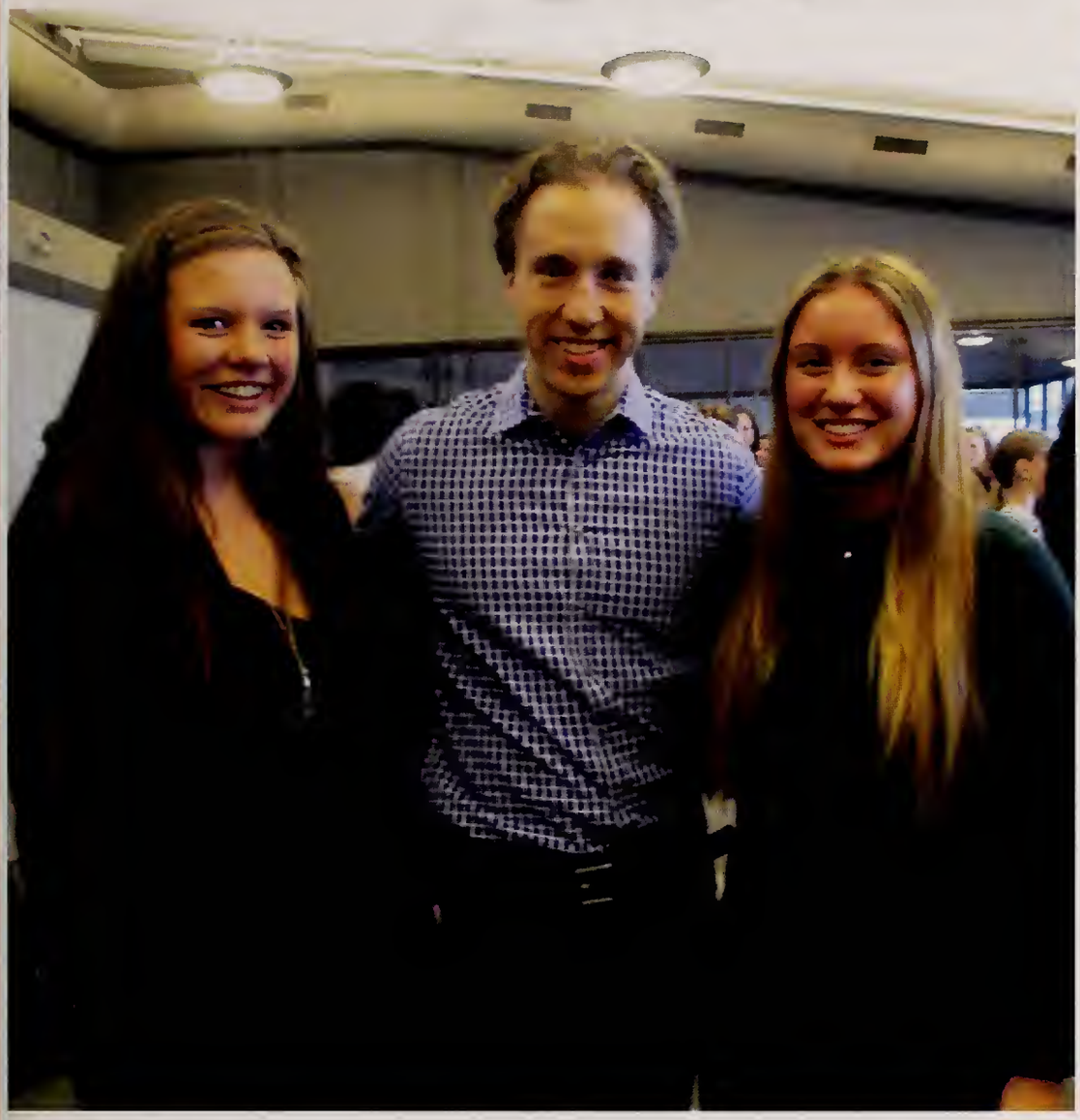
Students from all grades brought their own water bottles as part of Wellness Day

Lily Stewner, Kaytlen Recine, Jovy Taruc, and Saije Catcheway were only four of the grade six students who benefitted from the green club's homeroom plant initiative

This year, Green Club learned about and discussed a lot of environmental topics, such as climate change, veganism, and bottled water. We made posters to raise awareness for eco-labeling. We promoted Water Day, International Forest Day and Earth Hour. We initiated many projects, such as indoor plant adoption, the reusable bag sale, and multi-recycling. Notably, we raised more than two hundred dollars for Manitoba Eco-Network through the reusable bag sale, and we recycled more than eight boxes of batteries, plastic bags, scrap metals, light bulbs, and electronics through multi-recycling. During Earth Week, we played a game in assembly to educate the students about proper recycling; we gave out lollipops to students who brought a reusable bottle; we asked the cafeteria to serve a vegetarian lunch, and we did much more...

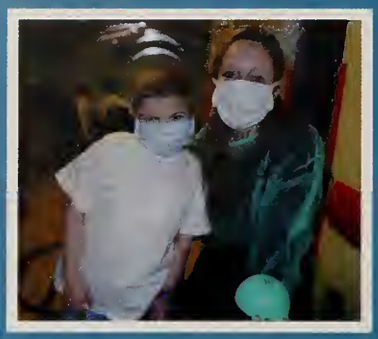
Running the Green Club has been one of the most valuable experiences I had this year. I have to thank Annick Beauchesne, Annie Luo, Jessica Lu, Erin Maguet, Delica Leboe-McGowan, Fiona Rettie, Tiffany Guo, Cynthia Guo, Kaitlyn Scott, and Jancy Wu for their passion for the environment, for the wonderful ideas they contributed to the club, and for their hard work throughout the year. Especially, I have to thank Mr. Krymusa for being our advisor. He has always been very supportive and has been our communicator within the school.
By Hazel Deng

One World
Orbis Unum



Claire Perchaluk
Global Awareness Prefect

Wow! This year has gone by so fast, it's hard to believe that it is already time for me to be writing this for the yearbook. With this being my final year at Balmoral Hall, I have to thank the teachers, students and my friends for giving me lasting memories. I worked alongside the most amazing group of girls, who have helped make this year the most fun it could possibly be! One of the most inspirational and memorable things that have happened this year for all of us in Girls for the World was our amazing food drive. We donated so many cans of food it took me 2 hours to count it all! Good job girls! As well, We Are Silent was so effective even though it was a very quiet day. Our biggest event was the Toonie Drive, we almost raised 500 dollars and fed so many kids at KKC Primary School in Uganda. I wanted to thank everyone who participated in Girls for the World this year, without you guys, nothing would have gotten done. It has been a memorable year and I want to thank all the BH Girls for their enthusiasm and support. You all did a great job spreading awareness for our global friends this year, and I hope you continue for years to come.



Cady Jessiman granted a wish to Wiktoria at a hospital in Poland

The gift of a ball pit was very appreciated by all the children

Ms. Nikkel celebrated the final dinner with friends Adriana and Garry in Krakow

Cady Pavagadhi and Celina Penny helped paint pictures

Celina Penny played with a little girl and her new bike

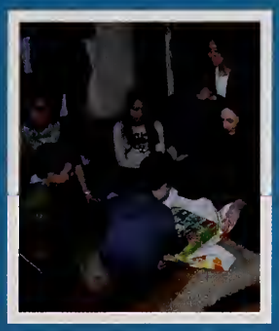
Service Trip to Poland

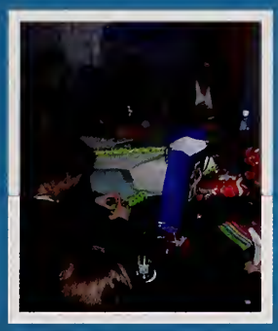
This year, girls from grades 10, 11, and 12 were invited to participate in a service trip to Poland. The 17 girls hopped on a plane to Warsaw, Poland to deliver gifts and cheer to terminally ill children. Over the course of eleven days, the girls managed to visit many families, museums and sightsee the attractions as they travelled through Poland and Germany. Some of these sights included the Berlin Wall in Germany and the Auschwitz 1 and Birkenau concentration camps. "Many girls found it hard especially to be in the gas chambers and to see the scratch marks on the walls and to know that thousands of innocent people were murdered right where we stood. We all agree that even though it was a hard experience, it was important for us all to have gone and it gave us somewhat of an understanding of the horrible events in the Holocaust." It was evident after the girls got back that it was not only important for them to share their experiences about the children, but also the culture that was around them while they were there. The service trip is an opportunity for BH girls to see other parts of the world in a different light. It was an enriching experience for all.

By Grace Gu, Emily Thompson and Sydney Baley

Mrs. Briggs wrapped gifts before presenting them to the children

Arabella Xie, Grace Gu, Tiffany Guo, Annie Luo, Jenna and Lexie Zimmer, Claire Hughes, Julia White, Cady Jessiman, Brianna Turner, Abigail Scott, Claire Perchaluk, Cady Pavagadhi, Annick Beauchesne, Katie Davidson, Chloe Balog, and Celina Penny

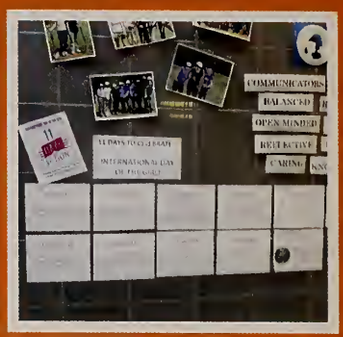




Grace Gu, Cady Pavagadhi, Celina Penny and Tiffany Luo brightened a child's day with their visit

Fundraising done throughout the year went towards expanding a school in Uganda

Girls in grades 6 to 12 vowed to not speak for twenty-four hours to raise awareness for the children around the world who do not have the right to express their opinions



Posters were put up for International Day of the Girl

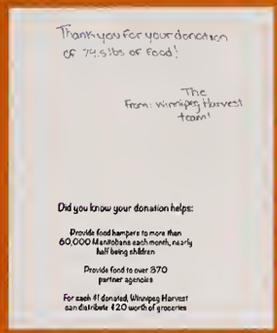
The Girls for the World Club met regularly to discuss global and local issues that they could work to support

Emily Thompson, Maya Schwartz, and Gillian Chiu went silent for those who have no voice

Girls for the World

Girls for the World club was a blast this year, If I could repeat and attend every meeting and activity again, I would in a heartbeat. Girls for the World is a club organized for girls in Senior School who want to gain more awareness about girls and women around the world facing issues that have to do with, poverty, disease, violence and equality rights. This year the members of Girls for the World had a great time participating in our non-perishable food drive during Halloween for Winnipeg Harvest, We are Silent and the very memorable Toonie Drive, which helped us to feed 35 children at KKC Primary School in Uganda for a month. Thanks to all the wonderful members who were passionately involved in Girls for the World this year, you're all going to make a huge difference in the world.
Claire Perchaluk

All members of the BH community, including the grade two students shown above, worked together to raise money for the Kampala Primary School's lunch program with this year's Toonie Drive


Thank you for your donation of 74.5lbs of food!

The
From: Winnipeg Harvest team!

Did you know your donation helps:

Provide food hampers to more than 60,000 Manitobans each month, nearly half being children

Provide food to over 370 partner agencies

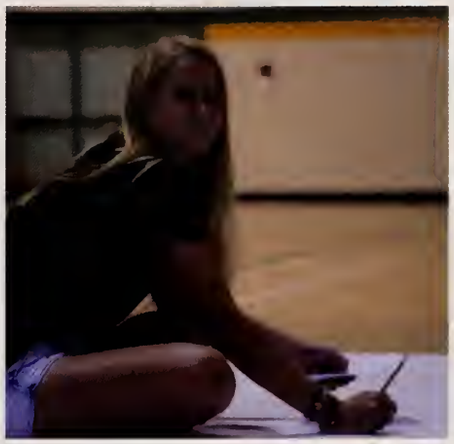
For each $1 donated, Winnipeg Harvest can distribute $20 worth of groceries

Claire Perchaluk and Celina Penny met their inspiration, Spencer West at a We Day reception

Winnipeg Harvest sent a thank you letter for Balmoral Hall's donation of 74.5 pounds of food raised through the annual fundraiser We Scare Hunger

Students lined the hall in the atrium with loonies and toonies in a school-wide effort to fundraise

Harmony in Discords
Concordia Discors



Alanna Flom
Student Affairs Prefect

I often look forward to the end of the year to be able to reflect on past experiences, opportunities and of course debate successes at Balmoral Hall. It is so rewarding to see the unbelievable amount of talent that many of the girls have here at BH. I sincerely hope that the ability to debate and express your ideas will serve you all well once you have left the BH family. Thank you to Leah, my debate partner who has proven to know almost everything about current events that I don't; to Katherine and Sari, you two are spectacular and have so much dedication to this program and I know you'll use these skills even after you leave here. Finally, this wouldn't have been possible without the constant love and support from Mrs. Smith. I've often been found in your office talking to you when I probably should have been in class, but you have been there whenever I needed someone to talk to about life, boys and debate; you are truly an inspiration to so many young women including myself. My wish is that everyone will find their passion, make new friends along the way and always pursue their ambitions. Thank you to my BH family for everything, Alanna.

Annie Luo, Hazel Deng, Garima Moudgil, Sara Ali, Alanna Flom, Leah Bernhardt, Sari Glow & Katherine Burley tried the cross-ex style of debate at the Angus Reid tournament at St. Paul's

Brielle Kim, Leah Bernhardt, Alanna Flom, Sari Glow, Jessica Lu, Annie Luo, Hazel Deng & Katherine Burley travelled with Mrs. Smith to Montreal to participate in the McGill High School Debating Championships

Barrett Arbour, Emma Machado, Katherine Burley & Alex Blake debated in the first junior tournament of the year at St. Paul's

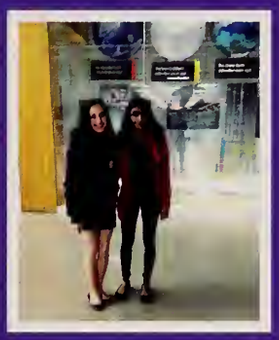
The junior debate team comprised of Alex Blake, Katherine Burley, Rachel Bernhardt, Barrett Arbour, Brooke Mancusi, Kate Hokanson, Avery Fletcher, Jessica Sui, Victoria Young & Gabriella Nowicki who competed at a Grant Park tournament

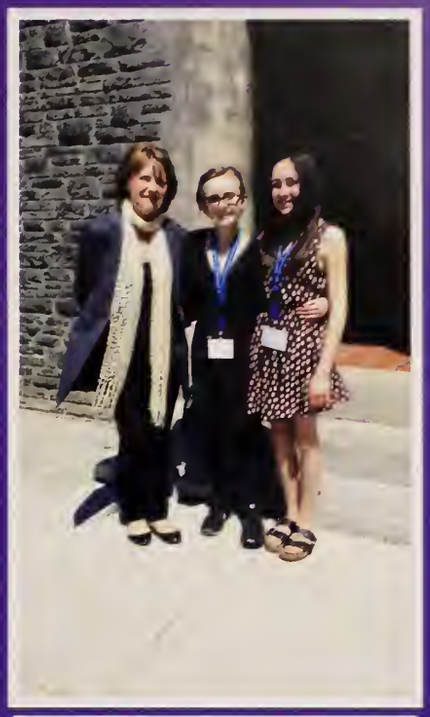
Jessica Sui, Camryn Gauthier, Sam McDonald, Irina Znamirowski, Maddie Ritter, Katherine Burley, Rachel Bernhardt, Gabriella Nowicki, Brooke Mancusi, & Barrett Arbour participated in a Gray Academy tournament

Debate

This year the debating and public speaking program at Balmoral Hall has flourished and opened up opportunities for many young ladies. The girls have competed at multiple tournaments within Winnipeg and across the country. The beginning of the year started off with the Senior debate tournament, the Asper Cup, that was held at Gray Academy in September; Alanna Flom and Leah Bernhardt finished tenth team overall and then qualified for the Oxford Cup in Vancouver, BC. They later qualified through Provincials and competed at the National Debating competition. In October, the International Independent Schools Public Speaking Competition, held in Kingston, Ontario offered Alex Chubaty Boychuck, Leah Bernhardt and Alanna Flom the opportunity to compete alongside other speakers from across the globe to qualify for Worlds that was held in Lithuania in April. The junior debate team did extraordinarily well this year, the young ladies competed in multiple tournaments and debated very intellectual resolutions, the students spent long hours developing arguments in debate club and engaging in discussion. With the determination and hard work, Katherine Burley and Alex Blake won the Provincial qualifier and received eighth place at Nationals in Toronto, Ontario. Other tournaments throughout the year included the McGill University tournament, the Hart House debate tournament held at the University of Toronto, the Queen's University debate tournament and the Donahoe Cup in Halifax, Nova Scotia. This year has been filled with many great successes and experiences that the girls should be very proud of. However, none of the team's successes would have been possible without the time and effort put in by our incredible coach, Mrs. Smith, and for that we are truly thankful.

Alanna Flom & Leah Bernhardt competed at the Senior National Debating Championships held at SJR





Alex Blake & Katherine Burley competed at the Junior National Debating Championships in Toronto

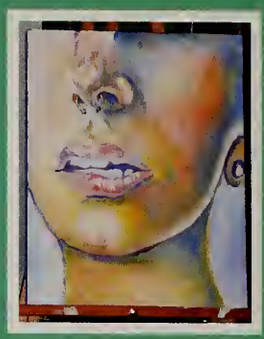
Words About The Future
Verba De Futuro

Meredith Chiu
Alumnae Prefect

This year I was so fortunate to work with the amazing alumnae of our school as well as Ms. Cloutier and Miss Stephen. The alumnae department has added many new features and traditions this year - Homecoming and the new on-line archives to name a couple. I'm looking forward to see how they'll continue with next year's alumnae prefect. I wish her all the best and hope that she'll love working with her fellow prefects as much as I did. I'm greatly looking forward to representing the 2014 graduates and know that I will be keeping in touch! It was an honour to be on your executive council and I hope you will all continue to take advantage of every opportunity that comes your way and Seize the Day!! Love, Meredith Chiu

Kaitlin Ross created a tile mosaic of a horse named Holly

Girls from middle and senior school participated in the Legacy Project



Emily Sikora contributed realistic face images in acrylic paint

Gabriella Nowicki played violin for the guests in attendance

Jennie Pham and Lia Loewen performed a wonderful dance

The Legacy Exhibition

The Legacy Project Exhibition was organized by grade 11 and 12 visual art students and grew to also include a very successful array of middle school music and dance performances. Inspiration began with the storied history of Aikins House as shared through our treasured Balmoral Hall School Archivist, Ms Lyn Stephen '57. With these tales in mind, students then worked hard to create independent art projects accompanied by inspirational Artist Statements that expressed the type of artistic legacy they wish to leave behind.

Following the games, everyone gathered for a mix and mingle
There were also prizes for the winners (and losers)
as well as a goodie bag for the alumnae

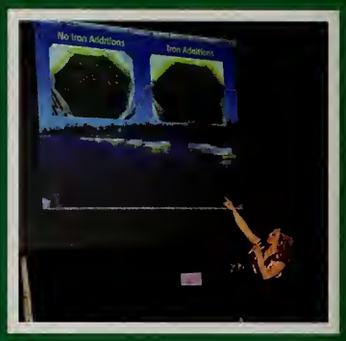
Alumnae and current players teamed up and faced off
against each other in this popular annual event
It's always great to have them back to
show off their continued skills!

The Gariepy Cup Alumnae Game

Alumnae Presentations

Jennifer Yamamoto described her experiences on her journey to becoming an internal medicine physician to grade 8 students as well as senior students interested in medicine

Students hoping to pursue an education in veterinary medicine went on the annual Best Friends Animal Hospital field trip and learned so much about the processes of the treatment and care of animals



Environmentalist Diane Orihel set off to pursue a career in medicine but her interest in nature landed her as a self-described doctor of the lakes, her work with the Experimental Lakes Area is well-known

Robin Westmacott BH99
Carleton University, University of Ottawa,
Clinical Psychologist

Miranda Thorne BH10
University of British Columbia
4th year Commerce

Jenelle Kohanchuk BH08
Boston University /Team Canada

Vanessa Mancini BH05
University of Winnipeg, Film and Red River College, Creative Communications
Promotions Director

Jennifer Yamamoto BH01
McGill University, University of Manitoba,
Internal Medicine Resident

Jennifer Skerritt BH00
Journalist, Reporter

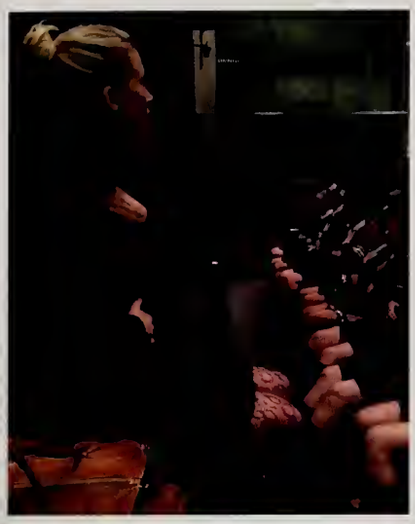
Nancy McQuade BH67
Veterinarian, Field Trip to Best Friends Animal Hospital

Andrea Mancini BH01
Events Planner

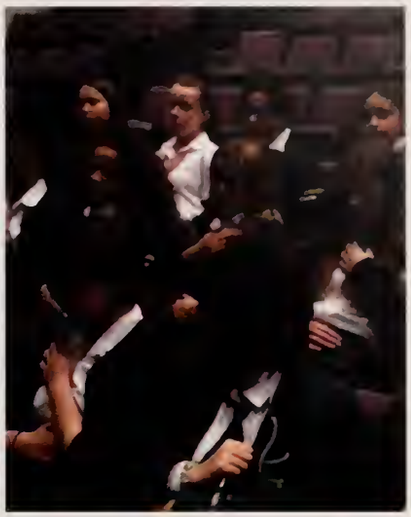
Anna AbouZeid BH01
Acadia University, Western University
Features editor, Dubai, United Arab Emirates

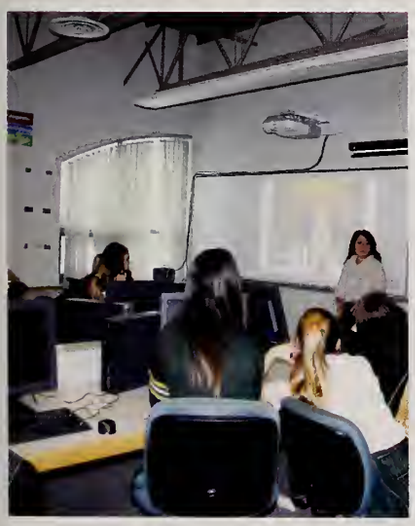
Kamal Dhillon BH11
University of Winnipeg
Education

Diane Orihel BH95
University of British Columbia
Environmental Science

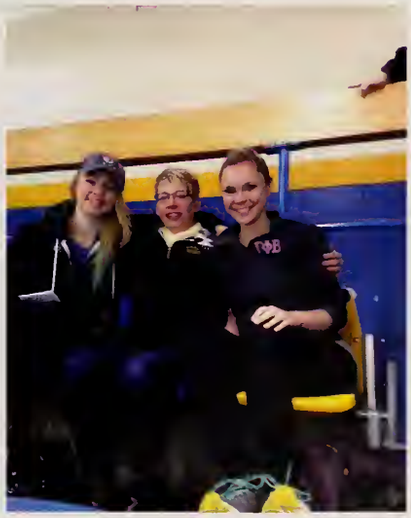


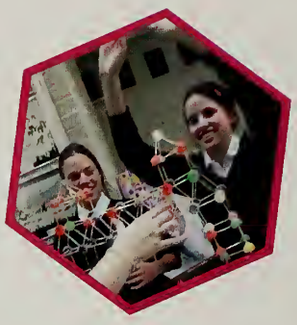
Robin Westmacott spoke to the Advanced Placement Psychology class about education in psychology and had the grade 8 students go through a relaxation exercise



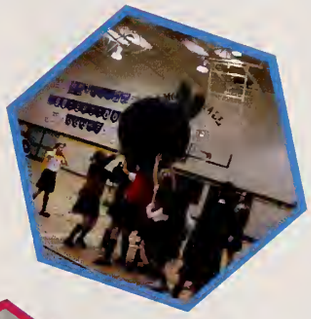


Andrea Mancini told of the many demands and considerations that go into becoming an events planner as well as her journey to opening her own business
Vanessa Mancini explained the exciting job of promotions director at Fresh FM
Ms. McGill visited with Tatiana Rafter and Miranda Thorne at UBC





Out of Many, One
E Pluribus Unum



BH Beginnings - Riverbend

Gabrielle Andreas

Scarlette Birch

Amélie Dubois

Gillian Fan-Grassing

Olivia Gillies

Mackenzie Hiebert

Stella Isaac

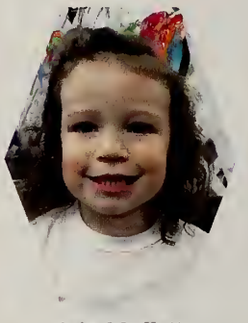
Keira Jokinen

Sameera Kabani

Uma Kotecha

Isabella Maidment

Maisie Manning


Isla Moffatt

Rushaam Nagasundaram

Greta Pancoe

Naomi Poturnak

Luna Santos

Gaureen Sidhu

Ava Swedlo

Linh Tran

Olivia Tran

Paige Trepel

Nicole Zawislak

Missing: Syra Sandhu

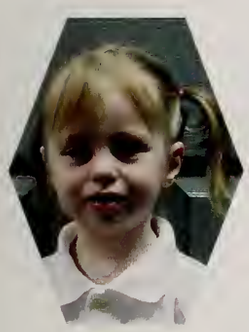
BH Beginnings - Parkland

Habby Brar

Rowan Chaze

Romie Damphousse

Gabrielle Danielson Roy


Isla Downey

Bailee Finkleman

Sara Gatin

Lottiè Gompf

Sofina Jessiman

Daulat Kabani

Wei-Yan Kung

Kate Lapointe

Siena Liba

Megan Pettigrew

Cadence Podaima

Christina Poon

Brannagh Rae

Lucija Rolfe-Maric

Mia Shapiro

Emilia Sirski

Isabella Toupin-Mulvihill

Kendra Zaretzky

Missing:
Emma Herner and
Lucy Mayberry

Junior Kindergarten

Mrs. Burston

Olive Chornopyski

Jakiah Curle

Reeha Grewal

Krissa-Lee Hunter-Gerardo

Mena Kravetsky

Lily Nimmagadda

Maélia Primeau

Sheraya Sharma

Eva Sobota

Emily Sprague

Sasha Wang

Charlotte Watts

Cassidy White

Mrs. Kerr

Ruby Berry

Charlotte Bowes

So'Lanna Dallaire

McKenna Fleischaker

Brooklyn Henderson

Isabella Love

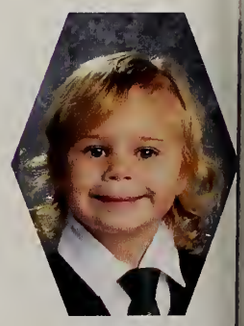
Isla McNicol

Matheson Pachal-Stewart

Emily Prayag

Payton Procter

Emma Safiniuk


Lauren Trepel

Diana Vakilha

Tatiana von Kuster

Kindergarten
Mrs. Thomson

Elizabeth Anderson

Ruby Andrew

Carmen Wunsch

Kylie Bishop

Emily Davey

Sophie Dawe

Lauren Field

Stefanie Gatin

Elly Heimbecker

Natalie Klassen

Mya Kramar-Green

Arlie McDowell

Alexa Ormiston

Alison Pettigrew

Olivia Sivilay

Sarah Surminsky

Kindergarten
Mrs. Schwartz

Yumna Abas

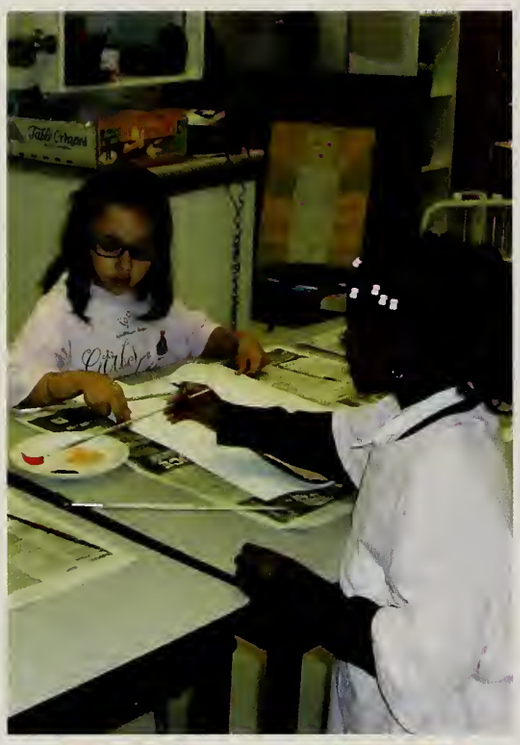
Shi Ya Bian

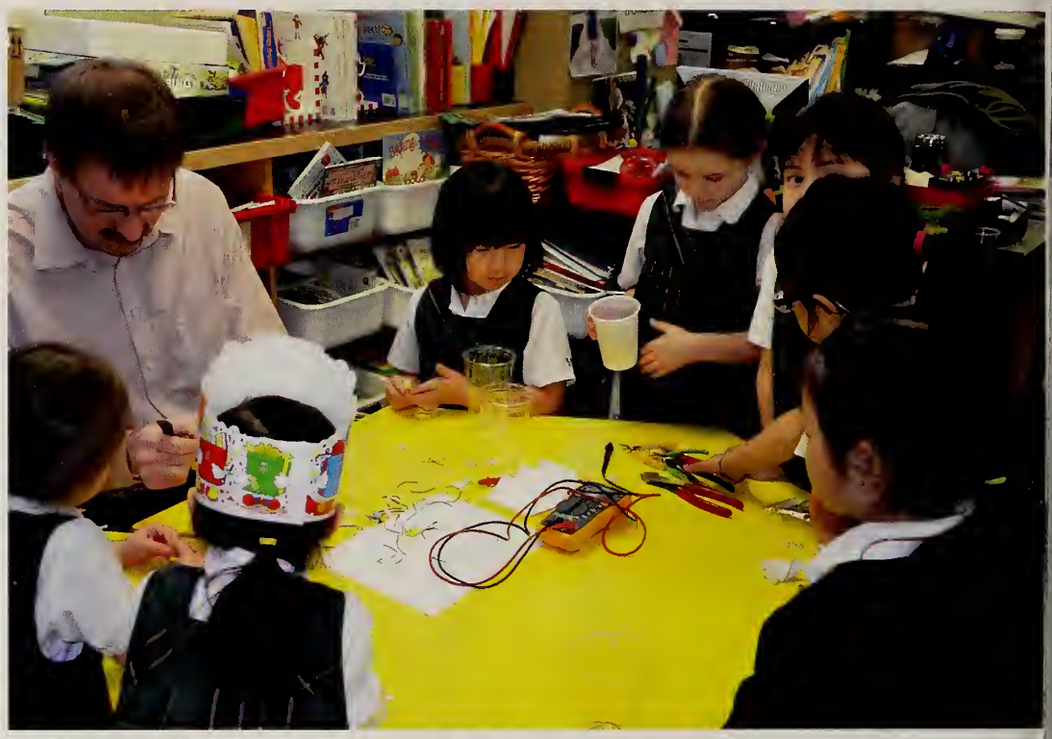
Katherine Bru

Anna Cope Walker

Cecilia Djomo Chankio

Calyssa Eng



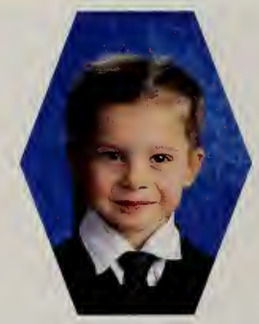


Lyla Gompf

Kaci Huggins

Eleonora'T Jong

Ayla Litton


Katherine Litvinov

Ayla Nguyen

Harsheen Sidhu

Danica Sumaling

Gabrielle Williams

Grade 1

Ms. Borodkin

Brooke Bailey

Sienna Bater

Kailey Chan

Isabelle Danielson Roy

Zi Xuan Fang

Trinity Finley

Leah Gowrie

Anna Hajidiacos

Mila Kerr

Zaiah McDowell

Lily Polet

Stephanie Ryan

Aliyah Smith

Anneka Von Kuster

Mrs. Sprange

Alitiana Aptekmann

Marya Ashique

Anna Bajan

Sara Bevan

Emily Butler

Alex Campbell

Emma Hilliker

Leah Lins

Miranda Marrin

Chloe Mathew

Kaylin Rhee

Sabrina Rutkowski

Keira Topnik

Grade 2

Mrs. Baxter-Naughten

Valentina Anang

Diana Bahrami

Alicia Chan

Emily Cuvelier

Anna Didyk

Anna Dornetshuber

Ella Falcetta

Lura Klassen

Claire Mayberry

Sarah Nason

Grace Olafson

Jozi Oliver

Mrs. Osborne

Victoria Alexander

Katie Bishop

Elaina Bru

Mira Davey

Anneliese Gasmen

Asmara Ismahil

Reagan Jaworski

Kyla Kwiecien

Chloe Raccio

Bella-Sophia Rogers

Katelyn Sigurdson

Janet Venditti

Anastasia Wheeler

Grade 3
Ms. Hanson

Scarlett Andrew

Megan Burns

Elizabeth Butler

Kameron Chan

Makeda Davis

Ella Dawe

Brooke De Pencier

Katia Djomo Wongep

Kirsten Drexler

Janeve Gaumond

Ryann Hafenbrak

Erika Handregan

Hope Hinchey

Alyssa Kalaitzakis

Yanina Kharytanovich

Inez Mayberry

Ainsley Reese

Katherine Robinson

Alicia Topnik

Grade 4

Ms. Chochinov

Amy Bajan

Naina Banerji

Hunter Boon

Jordan Campbell

Malaya Humeniuk

Hope Johnson

Stephanie Jordan

Lauren King

Sarah Mathew

Colleen McConnell

Meghna Rajamohan

Claire Venevongsa

Yu Tong Zeng

Ms. Thordarson

Hope Appelmans

Nina Baty

Kennedy Campbell

Lucy Christopher

Natalie Cuvelier

Alexandra Hamedani

Lauren Haverick

Emma Jokinen

Samantha Lowe

Lucy MacDougall

Breanna Roussin

Sophie Schwartz

Mila Tielmann

Grade 5
Mrs. DeLande

Aliya Ashique

Nina Dhaliwal

Carrington Dong

Terri Erdmann

Adi Groumoutis

Samah Haq

Lauren Horvath

Nora Jordan

Chelsea Krahenbil

Violet May

Shabare Nagasundaram

Caelan Nowicki

Gina Plett

Julia Ryan

Ashley Stanley

Alexa Stockl

Gabriela Todescan

Juliana West

Grade 6
Mme. Boiteau

Madelaine Baigrie

Lauren Burns

Saije Catcheway

Katharina Czarnecki De Czarnce

Sophie Delaquis

Emma Hafenbrak

Eva Hagel MacPherson

Honor Hinchey

Natasha Hofer

Karen Jensen

Taylor Kroeker

Jasmin Luszeck

Grace Lynch

Una Mayberry

Madeline Ritter

Jia Yi Shan

Lily Stewner

Portia Topnik

Irina Znamirowski

Grade 6
Ms. Nikkel

Mackenzie Bayrak-Newton

Munroop Bhandal

Alexandra Davis

Charlotte Falck

Nadya James-Roy

Emma King

Charlotte Kowall

Aleksandra Planinich

Kaytlen Recine

Aubree Reese

Brianna Ritter

Anmol Sharma

Mila Slutchuk

Gracie Speirs

Jovy Taruc

Grace Thomson

Cadence Wheeler

Zoë Zaretzky

Grade 7
Ms. Nizio

Barrett Arbour

Logan Chubaty Boychuk

Avery Fletcher

Scotia Fullerton-Collison

Victoria Hastings Van

Kate Hokanson

Anais Isford

Isabella Janzen

Marina Levit

Kathryn Lyon

Brooke Mancusi

Samantha McDonald

Amara Petker

Jessica Sui

Michelle Tingey

Olivia Wilde

Yi Yang (Ella) Yu

Grade 7
Mrs. Green

Emily Allan

Brooke Antman

Mia Battad

Shannon Buckle

Alyson Bugden

Camryn Gauthier

Kendra Hamin

Brigid Hilliker

Emma Joyal

Anna Layte

Emma Machado

Gabriella Nowicki

Éliana Rodrigues

Dores Shenouda

Victoria Stefanson

Chelsea Venevongsa

Kaylyn Zacharkiw

Missing:
Mia Saurette

Grade 8
Mrs. Moeller

Savannah Aitken

Katelyn Battad

Payton Bell

Serena Buchwald

Kamryn Diehl

Shahd Haresha

Julia Johnson

Alexandra Jokinen

Madison Lacombe

Emily McDonald

Claire Meier

Lauren Melnyk

Caitlynn Nguyen

Maria
Perez Arizti Llerena

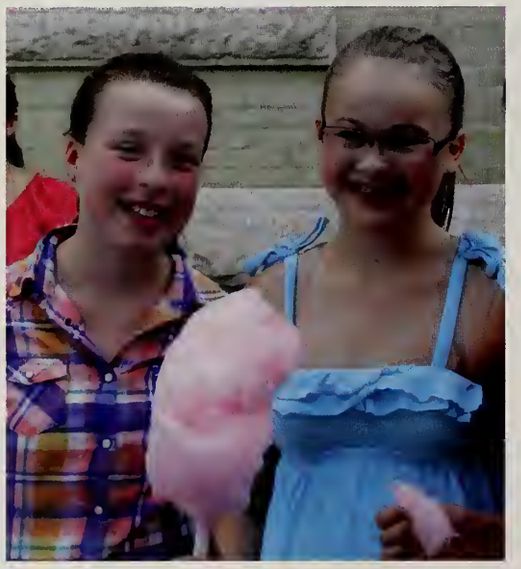
Reese Precourt

Yamel
Sanchez Henkel

Lindsay Speirs

Elizabeth Tingey

Victoria Young



Grade 8
Ms. Hedley / Ms. Boonstra

Lujain Alessawi

Paola Ampudia De La Huerta

Kirsten Benidickson

Rachel Bernhardt

Rachael Buchwald

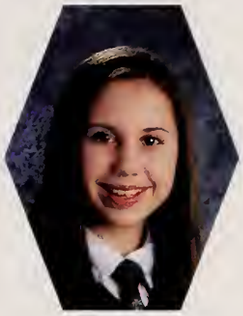
Samantha Frost

Isabel Gómez

Meghan Hatcher

Emma Javra

Olivia Keane


Sarah Kowall

Lia Loewen

Bryce Paterson

Jennie Pham

Senna Scerbo

Kristin Smith

Jasmine Tingey

Grade 9

Jessica Andjelic

Sydney Baley

Hannah Baran

Wameed Ben Shaban

Alexandra Blake

Katherine Burley

Anais Casselman-Green

Gillian Chiu

Danelle Creighton

Morgan Dubyts

Sarah Haresha

Allison Hilliker

Xin Wen (Lora) Hu

Jia Dai (Ashley) Jiang

Sharon Joda

Sophie Joyal

Jessica Kirshner

Grade 9

Freyja Kristjanson

Delica Leboe-McGowan

Yu Qing (Lily) Li

Ke Xin (Summer) Liu

Samantha Machado

Taylor Maidment

Olivia Meier

Danielle Moreau

Umema Rafay

Maya Schwartz

Jennifer Sikora

Alora Simpson

Hayley Smith

Yi Lin (Rebecca) Sun

Emily Thompson

Claudia Venevongsa

Duo Jie (Krystal) Wang

Zi Hang (Lucy) Wang

Grade 10

Sara Ali

Asiyah Ashique

Chloe Balog

Katharine Bezte

Nihal Bhullar

Johanna Bruinooge

Li-Ta (Rita) Cheng

Alexandra Chubaty Boychuk

Daniella Daumler

Xin Yuan (Elva) Fan

Sari Glow

Emery Gosselin

Zi Ying (Grace) Gu

Ryleigh Houston

Kim Hurst

Yuri Ichihashi

Seo Yoon (Erin) Jeong

Da Yu Jin

Grade 10

Coral Johnson

Dahniel King

Alycia Leafloor

Ana Leon Diaz

Stefanie Leslie

Jing Yi (Isabella) Li

Mary McKeigan

Morgan Morrow

Garima Moudgil

Paris Musaphir

Cady Pavagadhi

Kira Ross

Leona Sim

Tori Stebnitsky

Shea Studler

Hui Qian (Ivy) Tang

Iqra Tariq

Alyssa Tyhy

Darra Zieroth

Grade 11

Ashley Allan

Annick Beauchesne

Leah Bernhardt

Tess Bracken

Sophia Buller-Courage

Jessica Campbell

Julia Cirillo

Lauren Cook

Chelsea Court

Victoria Davidson

Nicola DePape

Genevieve Field

Sarah Gage

Jane Guberman

Hua Rui (Tiffany) Guo

Danielle Haasbeek

Sophie Hanson

Emma Holeman

Chai Sun (Olivia) Hwang

Yu-Jou (Marcia) Keng

Grade 11

Jing Lin (Annie) Luo

Cassidy Maidment

Courtney Masson

Jessie McTaggart

Lexy Müller Morán

Clarice Nguyen Hua

Alexis Ogaranko

Shannon Ormel

Rithikha Rajamohan

Aurora Robert

Bailey Robinson

Kathryne Roller

Simran Roopra

Kaitlin Ross

Abigail Scott

Kati Tabin

Alexandra Trann

Rylie Wills

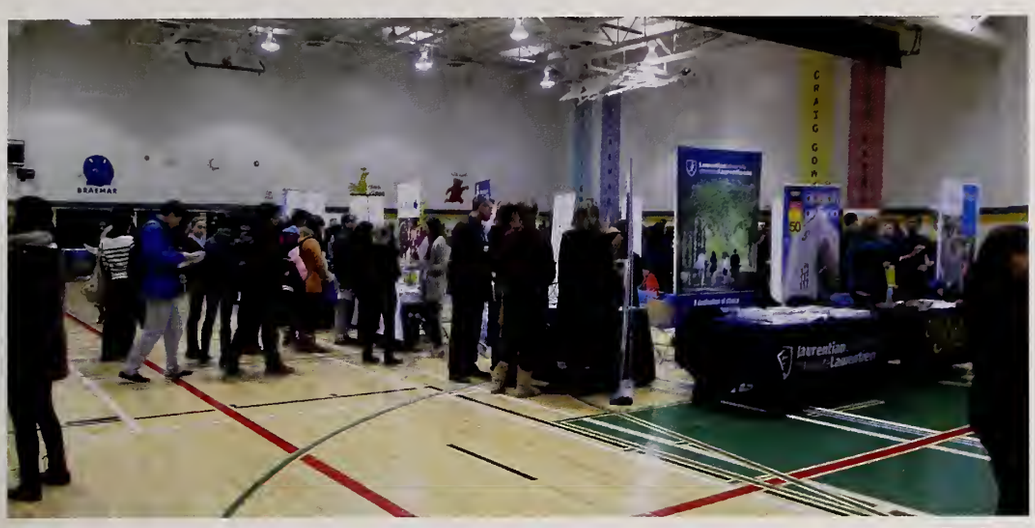
Danni Wu

Wan Ting (Arabella) Xie

To The End
Ad Infinitum

Cady Jessiman
Grad Prefect

This year has gone by incredibly fast but I am so happy that I got to spend my final year at BH with such an incredible group of girls! I have loved every moment of it and I was so lucky to work with an amazing group of prefects. We put all our efforts into making this year spectacular for you and keeping going the traditions that we all love. To my fellow grads, being your Grad Prefect has been a wonderful experience and I could not have put together the night without your input and ideas. You truly are a golden group of girls! This last year of school goes by so fast so for all future grade 12s, remember to enjoy every moment of it!

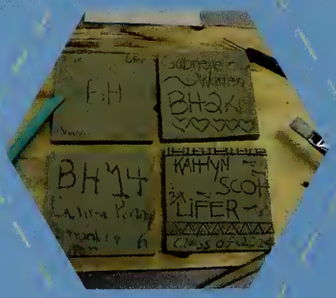


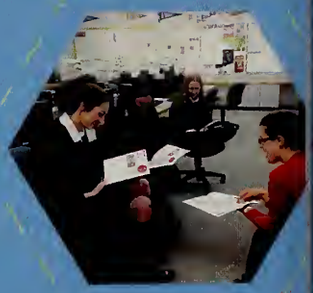
The University Fair is an event held at Balmoral Hall School every year. It is an excellent opportunity which allows senior school students to ask questions and have a better understanding about the universities that they are interested in.

University Fair

Jessica Lu asked questions about the theatre production program and student life at Ryerson University

Makenzie Taylor and her mom inquired at the St. Francis Xavier booth, among others


BH
BH14
KATHYN
SCOT
LIFER



Meredith Chiu

Meredith Chiu

Meredith, how I will miss you next year after spending the last thirteen years together at BH! From the start in Mr. Kehler's room we have always been buds. Of course, that was no where near as much fun as our AP Literature Tea Parties with Mr. Kerr were! I will forever cherish working in the AV club with you. Good luck at UBC next year! - Kaitlyn M

Abigail Constant-Bercier

Abigail Constant-Bercier

Abigail Constant-Bercier came to Balmoral Hall in grade 11 from Opaskwayak Cree Nation, Manitoba. Throughout her time here at Balmoral Hall, Abby has been a member of the Blazers Prep Hockey Team and served as this year's assistant captain. Also her experience and training gained from her time with the Prep team helped her earn this year's National Aboriginal Hockey Championship! Moreover, Abby has been named the Northern Roots Aboriginal Youth Role Model and is seen as a positive role model for Aboriginal youth. Abby has committed to play hockey and attend Plattsburgh State University of New York and will pursue a Bachelor of Science degree and will go on to grad studies in pharmacy.

Paige,
I can't believe that it's been only a few years since you came to BH. It's been an amazing three years with you! Over the past years, we have gotten so close an have had an amazing high school experience, and it's crazy to think you won't be here next year. I am going to miss our daily Tim Horton's and Seven Eleven runs. We took almost every class together. I will miss your attitude in Intro to Calculus.
It's been a wild few years, but we made it and I am going to miss you so much next year!
Love you!
-Brianna

Haley my friend, thank you for being the most fun chem lab partner ever!! Who will I "ooo" and "ah" with next year over demos!? Ms. Kirk will obviously miss our weird voices and us. It's been a great 11 years and I don't know how Hayley and I will get through next year here with out you. Who will drive Hayley to dons? I know you will do amazing things in the future, just don't forget about us here!
Haley, my dear name twin, we've had an amazing past few years and have so many memorable moments together, whether it be sitting together on "Ha(y)ley Island", long afternoons on the swimmings, and many McDonald's runs! You've always been there for me, and no matter what you have my back and I'll always have yours! You have a bright future ahead of you and you have the power to succeed at whatever you put your mind to!
Love Eva and Hayley

Paige Craig

Paige Craig

Haley Cummings

Haley Cummings

Katharine Davidson

Katie Davidson

Dear Katie, Kat, Kat the Bat, and the Beast. We will let you in on a few things, such as Edwin is still in love with you and wants to go on a movie date but can't drive you there. You were the last person in the grade to get your braces off, and you did not go to Kenya. Omg this write up reminds me of KENYAAAAAAA but Kenya doesn't have Taco Bell on Valentine's Day, so was there a point? "Remember that one time we talked and gave each other weird looks?" – Alanna
We all love you so much and wish you the best in Victoria,

Alanna, Claire and Claire

Eva Diva, it takes some serious dedication and talent to accidently break both wrists on the very first ultimate Frisbee tryout. I also don't know anyone who can eat as many cafeteria cookies as you do. Your love for the outdoors, canoeing and swimming makes me question why you haven't dropped out of school and portaged across Canada yet, don't worry, there's still plenty of time. It makes me so sad to know that next year we'll be in different places and we won't exactly have the lake to keep us together, but we have so many memories there that I'll never forget. Playing Lego with Brian, making our Twilight parody that turned out terribly, always reenacting Pirates of the Caribbean whenever possible and me forcing you to be the first one to jump off of the boathouse roof and the cliffs. I'm going to miss you so much next year!
Love Sexy Linguini (Alanna)

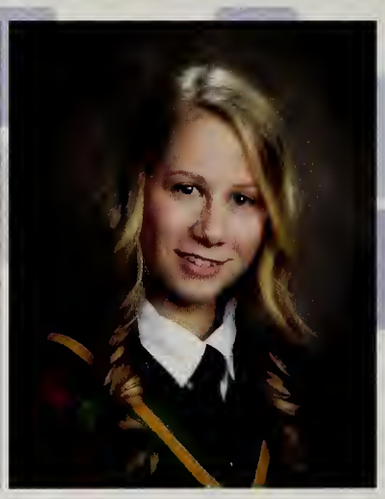
Eva Downey

Eva Downey

Yanqiu (Hazel) Deng

Baobei. Thoughts of you never fail to warm my heart... Thank you for being my guiding light through the darkest times, and more, for allowing me to come beyond the walls and reach your core, which is sooo loveable. You are the closest to perfection that I have encountered, and you have opened up my heart to feel. Every moment spent with you is wonderful: chatting, exercising, or just sitting in Cornish. Baobao, if you ever feel lonely, sad, or confused, (...qiuqiu, just the thought of this wrenches my heart) remember that I am beside AND within you, that you once saved a soul. That soul loves you. And won't let go- not when you are blowing out candles on a Siberian
Plateau, nor when you are wandering in NY. Wo teng si le de bao, NY and Toronto are only 1.5 hr apart. Xin lian xin- always have, always will.

Helen



Sexy Linguini (Alanna),
13 years together that consist of the worst fights ever as well as the best memories of my life! We've been through it all and managed to come out the best of friends! What would I do with out you? I don't know how to sum it all up so I'll mention a few highlights. Swimming dates at the pool, cliff-jumping buddies, Elizabeth and Will forever (Pirates of the Caribbean), and so much more. You are my other half and get me so well. Have fun gallivanting Kingston next year, I know you'll meet tons of cool people so don't stress about it. I'll always be here to help you out, even if I'm an hour behind. I can't imagine going to school with out you, and I'll miss you like crazy. Love you so much boo!!
Love yours truly,
Eva Diva

Alanna Flom

Alanna Flom

Tsz Ching (Apple) Fong

Apple Fong

My Paul Con and BH buddy, I have known you for six years. You are the only person who has accompanied me throughout my secondary school life. We have seen the worst sides of each other, but have still managed to always stick up for each other. Thank you for being here and for being the hilarious girl to whom I could always talk. yiu gei ju ngo. nei wing yuen joi ngo sum jung.

Helen

Danelle Grossman

Danelle Grossman has attended Balmoral Hall for 3 years. During her time at Balmoral Hall, Danelle has participated in a lot of school sport activities such as hockey, volleyball, badminton and helping out with track and field. She was awarded the highest mark in grade 10 for French and enjoys tutoring her first language. Danelle has accepted admission to the University of Winnipeg and intends to pursue a degree in science in hopes to later on attend the Davenport to specialize in chiropractic studies.

Dear Cynthia,
I am so glad to have met you and worked with you these last two years. You are such an active person who brings sunshine to everyone. As well, I was lucky to become your roommate and we have become closer during this time. I believe that we have lots of memories, such as going to Sushi Cafe and Osborne during our spares, studying calculus and chem together, talking with you about how to write an essay... Finally, I hope that you will do well at UBC and let's keep in touch. Maybe I will come to visit Vancouver one day and you will be the tour guide for me. I will miss you when I go to Waterloo. Good luck and all the best!

Jancy

Hey Paige!!!! Remember we started to become good friends because of drama class? Remember the time when you said "I will...." in art class? Remember we went to your place to do the English project together and start making weird things with clay? We have had so many good memories and I can't believe we have to separate now. I miss the time when Lauren and Carlita was still here, we will always hang out outside of the theatre and just talk about random stuff. Haha. Thank you so much for everything, thank you for being so nice to me when I first came; thank you for helping me when I lost my English, I love you and your family so much. For sure I will come back and visit you all soon, come to Toronto or Taiwan and visit me! I will miss you so much! Keep in touch.
Love, Jeeeeica

KaiYang (Cynthia) Guo

Cynthia Guo

Paige Hastings Van

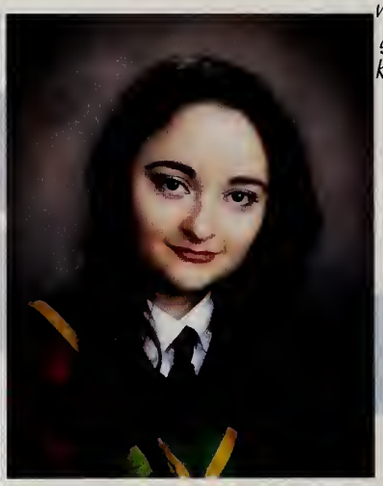
Paige Van

Katherine Hastings Van

Katie Van

Hey Cati!! Can't believe we are actually graduating. We have known you since day 1 at BH (and not because you were the tallest kid in our grade! Haha) Thank you for everything for the past few years, you have become a dearest friend to us and we are so thankful for you. You are one amazing person, and we will never forget all the memories we have had. Have a great time in University of Winnipeg, we are excited to see you in the NBA team in the future! We will always love you. Keep in touch and you should visit Jess in Toronto or Taiwan! Make sure you visit Shradha everyday at the University of Manitoba haha. We will miss you lots, stay gold and don't ever change, we will see each other soon!

Jessica and Shradha



Claire Hughes

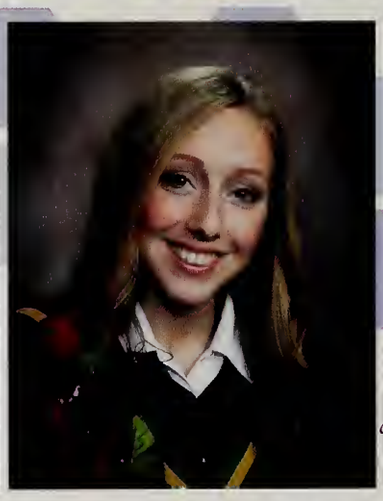
Claire Hughes

Dear Cla, I can't believe you're moving away next year. I guarantee you will probably move into the wrong university. I say this because the first day we met in grade 6, you walked into Ms. Chochinov's classroom and thought it was English, but nope it wasn't, best friends ever since.

I think the reason why we get along so well is because we're both awkward and you'll never get off my back about loving Guy Burns and a boy with two "J's" in his name. Katie would be writing to you but she's still in the bathroom...

I still remember in grade 9 when you said you "ruled the school" and I remember thinking that this is the person to be friends with and I was right. Even though we're going to different schools next year, I know we will stay friends like we always have. We all love ya cla!

Katie, Claire and Alanna



Aynsley,

This past year has been so fun getting to know you! You are such a hard worker and were so kind to everyone at BH. It's crazy that you've only been here for a year - it feels like way longer! We've loved bonding with you and getting to be such good friends. We had so many great experiences together, from projects in AP Lit to playing ultimate. We hope you enjoyed your year here at BH with us and we know you'll be successful in the future. We can't wait to see how far you go! Keep in touch! :)

Lots of love,
Jill and Julia

Cady,

Remember that time when you lived in Barbados for 3 years? Well we are pretty glad that you came back because growing up without you wouldn't have been the same and we probably wouldn't have been able to pull off our Mean Girls costume either. We've been through basically every stereotypical high school situation together and couldn't imagine suffering through exams without you. Your 3 am chef skills have saved us many times, and you have always been there for each of us no matter what, even when you move to vb for 2 months every summer. Not living 5 streets away from my best friend next year is going to be the worst thing ever, love you kodi. You have been such a good friend over the years and it's sad to think that you won't be here next year. I am going to miss you. Love you!

-Cel and Bri

Aynsley Hygaard

Cady Jessiman

Cady Jessiman

Jillian Karlowsky

Jillian Racky

Jïllïan Râé,
You are absolutely hilarious. On the days you actually show up to school you never cease to be the funniest most awkward person around. I've never met anyone as unique as you, you are seriously one of a kind. The memories we've had throughout these past 4 years of high school together are some that I will never ever forget. Jôêî, Juliano, vanilla cake, run this town, manatees, seeing you ski for your first time, dancing in the rain, chai tea lattes (iced obv), getting our jobs together, your big yellow grad ring and so much more. You are the best cousin and family member I could ever ask for. Remember that even though I'll be away next year, you will always be the most important person to me. I'm just a phone call away. Love you always gill.

Julius

Hey, dude!
The last couple years have been pretty fun, and I'll miss you punching me in class all the time next year. Even though I still make fun of you for accidentally stealing Emily's jacket and secretly being really girly, it was nice to have someone down to earth to talk to, whether it was about movies, the latest Louis CK video, or just about life. You're pretty awesome, and it's been nice having you as a friend (cute, I know). Have fun taking Science next year at the U of M, and if you're lucky enough meet your brother's friend Neil deGrasse Tyson, say hey to him from me. Good luck, and when things get tough, remember that it's only after we've lost everything that we're free to do anything.
- Fiona

Yu-Jin (Brielle) Kim

Brielle Kim

Dear Brielle,
Looks like grad is just around the corner...Right now, a part of me finds it hard to believe that almost TWO years have past since we first met. But recalling all the sunshine and darkness we've experienced together, another part of me finds it hard to believe that we haven't known each other for more than TWENTY years! You have been such a buddy of mine, Brielle. I will never forget our two birthday dinners together and how you planned for both of them so thoughtfully. I will never forget the night when I was in danger of missing my SAT!! exam, and you, with your splendidly empathetic heart, helped me figure out a solution. I really appreciated learning about your cultural perspectives and your unique outlook on life. Finally, I want you to remember that problems are temporary, and happiness is always possible.
Love, Hazel

Pliu!!! Iris!! Finally we are graduating! Grade 10 was like yesterday! So many things happened during the three years, and we went to HK, Shanghai, Calgary, NYC and Orlando! Those are only the memories of you and me, I can't imagine my university life without you! I always feel so lucky that I met you in BH and we became the best friends (that we know almost everything about each other) hahaha.
I'll miss you pliu,
Best wishes now and forever,

Lia

Gloria Lambeta

Lambeta

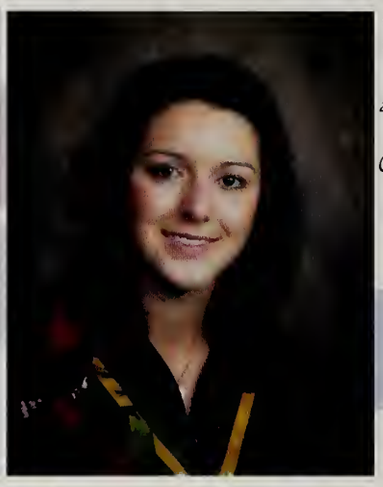
Pianran (Iris) Liu

Liu

Yiou-Ju (Jessica) Lu

Jessica Lu

Jess,
I can't believe that after going to school with you for four years we are all finally graduating! We will both miss you so much and we will always remember the fun times we had together at BH. Watching you star in the musicals, making you play basketball with us in gym, and eating Hi-Chew candies in art class (YUM)! The list goes on and on! We hope you have a great time at Ryerson and we can't wait to hear about all your new experiences and adventures. We will have to visit each other in the future and maybe one day we will even come to Taiwan! You are such an amazing friend and we both know you will achieve great things. Remember that no matter what we will always be there for you and that we will be friends forever!
Love: Katie and Paige

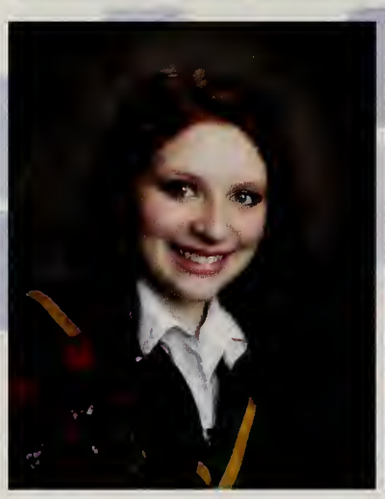


Erin Maguet

Erin Maguet

Erin, You are the toughest, funniest girl I've met. You will forever be straightforward and the angel on my shoulder. Despite your road rage you're one of the most caring, most talented girls but are too modest and tough to admit it. From guitar and singing to quadding to being good at literally every subject you're set up to be anything you desire. We have lots of quad rides ahead together and I can't wait for more of your little quirks to rub off on me. Thanks for watching out for me and teaching me to be tough. Love, Gabby

It was great to work with you this year! We had some good laughs, some tears and some awkward times trying to take your picture. You work so hard, I admire that. I know you'll find your passion and make a difference trying to save the environment while driving your big gas guzzlers. It was great to watch you play basketball - which was the link that really brought us together... I hope you get involved at the U of C and have the best time!! Let's keep in touch! If I ever go to Calgary, I will look you up! We can shoot some hoops! Love, "Kobe"



Kaitlyn, you've been one of my best friends for as long as I can remember, it must have been our love for Nancy Drew games that brought us together; or the fact that we were both obsessed with writing about murder mysteries in French class. I can honestly say that I don't know many people who are as passionate about everything as you are... in grade 10 when you spent upwards of $100 on Cause of Death games and would cry uncontrollably early in the morning because the connection between the characters was too much to handle. You're the most enthusiastic worker that I've ever seen, your constant concern about dropping pies and filling shifts is admirable; so when you become CEO of McDonalds just remember the girl who bought you a "special package" and gave it to you via drive thru window. I love you so much.
Alanna

Kaitlyn McIntosh

Kaitlyn McIntosh

Hey Mel! It has been a beautiful five years with you. Remember the first time I talked to you? Not one of my best moments but you know what they say about meeting someone in the strangest way, they become a huge part of your life. We've been through it all together, the good and the bad. Spending lunch outside sitting in the sun and then screaming and running away from the bees, the hour long Skype calls and phone calls and so many more memories I could go on about! Each and every one is so precious to me and I won't ever forget. No matter what, I will always be here for all the big moments like we promised. "When we first talked to each other, I knew we would always be friends. Our friendship has kept on growing and I'll be here for you to the end." Love you so Mendis!
Love, Shradha

Melisha Mendis

Melisha

Shradha Moudgil

Shradha Moudgil

Hey Cas,
It has been an adventurous 4 years!!! I don't remember exactly how we met but I think it had something to do with a locker mix up... I remember once I met you, you introduced me to many people and we all became friends! I will also never forget our first meeting back in grade 8 by the lockers and as awkward as it may have been, that was where it all started! We have had so many fun memories together from after school in the common room and our dance parties that were a blast to our times in french class and now the past two years in chem class sitting next to each other. Remember our high school dances we went to! I can't believe we are graduating! We have grown so much and are going on to better things!!! You will always be the cheese to my mak and the other half of me!! Forever and always your friends :)
M&M (melisha and mak)

Cla we've been best friends since grade 6, when I thought I had English but I didn't. Then at our first sleepover when you and Brianna stuck a Cheezie up my nose and when Brianna scared you so badly you started crying. Just know that you rock and Albertson and I will ALWAYS love you.
Although we just became close this year, you're still one of my best friends! It has been one crazy and hilarious year. From the time I had to inch worm out of a certain "situation", to when we were in the same group in Poland and wanted to rip our hair out at times, we have had so many great memories!
I love ya girl!
It didn't take long to realize that we both were terrible at pre-cal and chemistry so thank god we dropped those and took humanities instead, I'm going to miss you so much next year but you'll love BC.
Love Claire, Katie and Alanna

Claire Perchaluk

Celina Penny

Celina Penny

Cel, since you were a little BH girl singing One Small Voice you've always been a star. You always know how to rock the strand and your 80-dollar Tilly hat. From grade 10 chuck n'mo to your late night sneak out with boys, you have taken every single opportunity that high school had to offer. The three of us have shared so many good times together, going for lunch, frozen yogurt and going to parties together. We will never forget the times that we have shared with you. Thank you for listening to us rant about boys for countless hours and the advice that you shared with us. We have had a lot of good together and there will be many more to come.

Xoxo Cady & Brianna

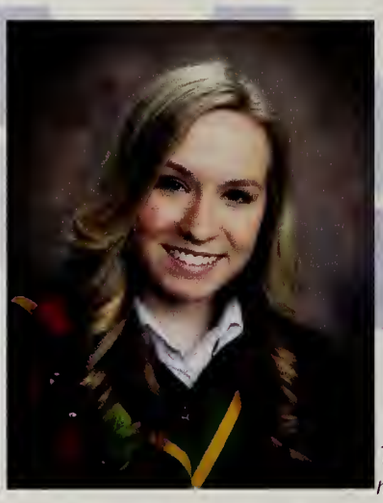
Hey Rettie! Two years flew by pretty fast and finally we are making it out into the world! Although there will be times missed where you could go into a class and have your mind blown, being a nuisance to Ms. Kirk with our little replication of fight club of Jess, you, and me. Like the band, The Offspring, says 'you gotta keep 'em separated!' I'll miss the daily 'helloo' where people just stared at us weirdly. Some funny memories to share with you that you'll always have a good laugh at... FORMAL, 'dude I found my jacket...Nope' 'ab game too strong' and how I confuse you with my secret life! You'll go far Rettie and remember, your life is ending one minute at a time, so enjoy it.
Duuuude ... Gloria

Fiona Rettie

Fiona Rettie

Rayne Rioux

Rayne it's been so much fun getting to know you these past couple of years. It's been a lot of fun having you in french class and getting to go on the Quebec trip with you. Having Jacques Cartier tour us around Quebec wouldn't have been the same without you and your down to earth attitude. Hope I get to see you around U of W next year!
Rayne, I'm so happy to have met you. However, very sad it took us this long to become friends! It was so fun getting to run around vieux Quebec with you, as well as solving the mystery of Le Cadavre de Classe! Jaques Cartier will hopefully come to Winnipeg one day and we will be his tour guides... although we will need to find interesting things to show him. Good luck next year, and keep in touch!!!
Love, Kaitlyn M and Eva



Morgan Ross

Mergan,
I can't even write this. I refuse to write it as if it's a goodbye, heck no. High school is over but our friendship definitely isn't. We made memories! From Zombie Walk to Bird's Hill to Billy Talent to walking on Osborne, all the times I can't accurately describe here in a G-rated way. The ex, Quarry Days, when we were in yearbook together, times we had in stonewall, at Gloria's, Norris lake! Camping in your back yard, jumping fences, walking around at night. We did it all. You are one of the kindest, bravest, strongest, most beautiful people I know. I love you to bits sir. This summer will be amazing. (Gimli!!)
Love Emily

Nadia Schriemer

Unique doesn't even begin to describe my little rebel partner in crime. From her love and knowledge of all genres of metal and rock to her super loud screeching noises. I don't know where she'll find herself in the next few years but I know she'll be the girl with colourful hair, perfect makeup, a leather jacket and good taste in music but still a softy whether or not she likes to admit it. Love ya pumpkin and I'll be seeing you lots.
Love Gabi

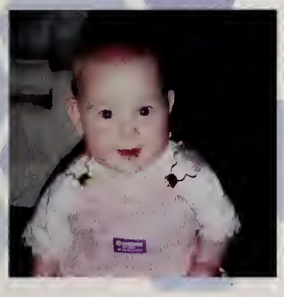
Kaitlyn Scott

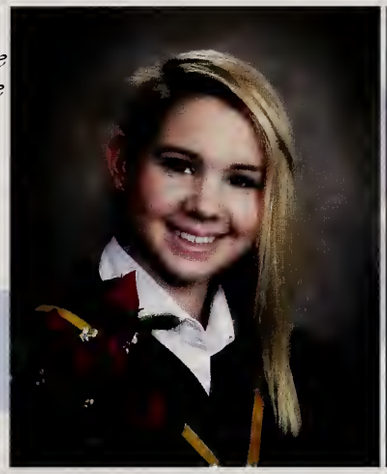
Kscott, it will be so nice next year to not have to go by our full names but knowing us there will still be multiple Kaitlyn's. From separation anxiety from our parents in kindergarten to Tim Horton's runs to see our favourite manager working, we have been through it all. Thank you so much for being there for me and I will cherish our times together forever. I'll be sure to make the trek to St. Vital next year for our Menchie's dates.
Where to begin? Is it 13 years ago when we first met in our little plaid tunics and sang evanescence on the couch, or when I started stealing her novels she would write or maybe the moment we moved to the same street and became glued at the hip. I don't remember the moment you became practically my sister but I know you're stuck with me now. Love ya kiddo.
Love Kmac and Gabi

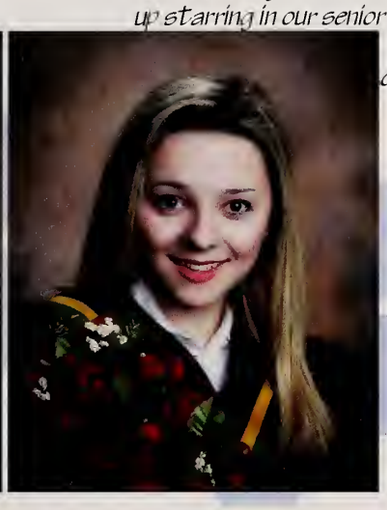
Emily Sikora

Emily Sikora

Hey Aderk! This feels like a dream. I can't. Man it's been a long 3 years of this friendship from bruising you (golden bruise which I will always be proud of), to fangirling over hannigram(that ship is so canon and must sail!) to discussing breaking bad and how the writers were so intelligent that we felt empty when the show ended. From crowd surfing to moshing at concerts such as Hollywood Undead, Billy Talent/Sum4 1,etc. The movies that made you think so deeply you didn't know who were anymore and if you even existed such as V for Vendetta, Fight Club, Requiem for a Dream, and Donnie Darko. Derps that flood our ipods will always remind us of our true roots. Memories I will leave you with 'heatstroke', basement times, Osborne hangouts, the 'incident' and the 'magical' forest. Like the movie Donnie Darko says, 'Replace fear of the unknown with curiosity.'
-Derp, Fannibal (Morgan and Gloria)







"Many a time from a bad beginning great friendships have sprung up" I honestly cannot think of a more accurate description of our first meeting. You were trying to break into my locker and I just looked at you as it dawned on you it was mine and that right then, was the moment you first made me laugh. After that it has been nothing but amazing memories with you. After we officially became "mak and cheese" it felt so weird hearing you say my real name! There is no one else I would rather spend time with discussing Doctor Who, Supernatural and every other show we've seen together. I'm so excited to see where the world will take us but just remember no matter how far you end up, your Castiel will always be there to bring you back home. Love you so much Mak!

Love, Shradha

Makenzie Taylor

Makenzie

Hayley Stacey

Hayley Stacey

You finally did it girl! For fourteen years you've spent your days walking through the halls of Balmoral Hall and now it's coming to an end. The years before you will hold new experiences and push you to grow even more. You have become my best friend throughout these last few years that we have spent here and every minute of it has been a blast. Your musical talent is undeniable and I have watched you improve greatly throughout the years as you perform in music festival, recitals and as you starred in our school's musicals. Starting out as a bird in grade six in our middle school's musical production of Seussical you sure have climbed up the ladder as you ended up starring in our senior school's production of Legally Blonde. Good luck in everything that should come your way and shine on little star.
- Your name twin, Haley

Brianna,
After knowing each other for almost 14 years it's safe to say we've been through it all together. You made it through the awkward middle school, eyeliner, side bang phase and even survived 14 years of Matthew Turner. Every weekend since grade 9 we've always had elaborate plans to go out and usually end up watching movies and getting sev, but those are always the best nights. You have always been there for both of us through thick and thin, and we've always been there for you through your "difficult (Ben) situations", and even though we're going away next year you can always count on us. Although grade 10 will probably be the highlight of our lives, we will have many more years of memories to come.

Love cel & cad

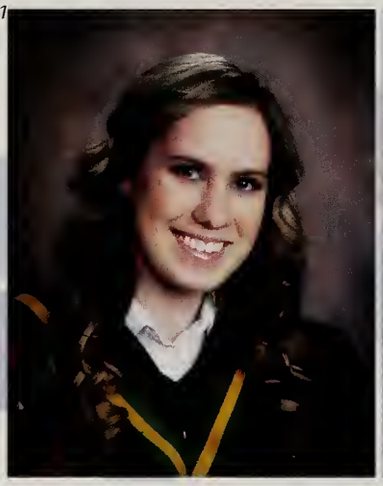
Brianna Turner

Brianna Turner

Gabrielle Warren

Gabrielle Warren

Gabri, we finally made it through high school. I'm so thankful to have had you as a sidekick with me through our BH years. It was always nice to know I could count on you to come on food runs with me. You really mean a lot to me and I'm so glad you've been here for me. Be sure to keep up your appetite as I'm sure it will impress many boys in university.
Love ya galpal - Kaitlyn M
It's hard to verbalize how much it means to have a friend like Gabi. She's been around for all the awkward phases (braces, dressing like twins in middle school, and building swimming pools out of plastic bins). Looking back, I could not be more grateful for how she has touched my life. Even though I know that Gabi isn't yet sure where she will end up after high school, I know it'll be somewhere good.
-Kaitlyn Scott



Julia White

Julia White

Hi jüłëïä,

I can't believe how fast you're growing up! It was already 4 years ago that we settled our differences and became cousins and best friends, and I'm so thankful for it. I honestly can't imagine meandering through high school without you, and I know you would be real lonely without your side kick. We've had some amazing memories and we've really grown up together (we are technically grown ups now I think). I know we'll be friends forever and that you stay in touch even though you're moving away real far next year.

Love you always xoxo- Jillian Räë

Dear Jancy,
You are a kind and lovely girl. Being roommates with you last year was such a wonderful experience. We tried different restaurants together, we went shopping together, we made so many good memories together. You know how terrible I am at chemistry... Every time when I was cramming for a chemistry test, you tutored me so patiently. I appreciate your help so much. Please take good care of yourself in university, I know you will do superbly well academically, but don't give yourself too much pressure. Don't forget me, Jancy.
Let's keep in touch forever.
Love,
Cynthia

Dear Helen,
Being friends with you has been an absolute honor. You are so brilliant, so whole-hearted, so tender and so beautiful. Getting to know you is like exploring a whole glorious universe; the more I learn about you, the less I can help loving you.
Looking back on the two years we went through together, I just want you to remember that you are AMAZING, and that no matter what happens, I am here for you.

Hazel

XiaoFan (Jancy) Wu

Jancy Wu

Helen Yu

Helen Yu

Ying (Lia) Zhuang

My dearest friend!!
I still can't believe we are actually graduating. Three years just went so quickly and this is almost the end of our high school lives. There are so many memories we had together at BH, and I'll take them with me into university. We had many trips in these three years, fun times which can't I count, always go too fast. I hope you will be strong, healthy, happy and relaxed in Toronto, even though I can't tell how different it will be for us to live without each other. Keep in touch and I love you!!! Don't forget I will be here all the time to help you and listen to you if you have anything that I can do for you. You know our friendship will last forever and like always, nobody will always understand the way we live in our world.
Love Iris

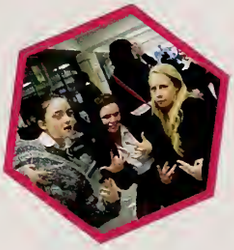
Lex, you're such a homegirl.
You are hilarious, and you have perfect hair! You are one of the nicest people I have had the chance to meet at Balmoral Hall. You have seriously made the time go by fast, because we were always having so much fun, joking around, cruising, jammin to Pitch Perfect and just having a fab time. Love you so much, and you're going to do great things next year! Best of luck in the nurse world!
Girl it's been awesome knowing you all these years and being in chem together! I know you will have an awesome time next year in university and you will hopefully be that much closer to meeting your future doctor husband. Hehe.
I'm going to miss you girl! Love ya!
-Claire P, Claire H, and Kat

Lexie Zimmer

Jenna Zimmer

Hey janan!
You have done so well this year with everything you have done. You were hilarious in Legally Blonde, as Chutney. All three years being in senior school with you were so fun! You have been so nice and fun to go to school with and I am so excited to go to university with you next year! You are so outgoing and fun to be with! You are so nice and a great friend! You'll still have to continue telling us about all your mystery bf's. Anyways I am so excited to hangout with you in the summer and wish you so much luck next year!
Love, Lexie and Claire H

Golden Grads

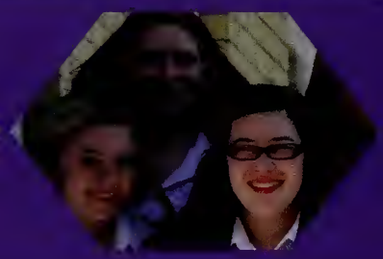


Meredith Chiu, Brianna Turner,
Celina Penny, Julia White
Kaitlyn Scott

Top Row: Brianna Turner, Celina Penny, Kaitlyn Scott,
Julia White, Alanna Flom
Middle Row: Eva Downey, Claire Hughes, Gabrielle Warren,
Kaitlyn McIntosh, Meredith Chiu
Front Row: Nadia Schriemer, Hayley Stacey

Alanna Flom
Hayley Stacey

Kaitlyn Scott, Gabrielle Warren
Nadia Schriemer, Julia White
Celina Penny



Meredith Chiu, Kaitlyn McIntosh
Eva Downey, Alanna Flom
Hayley Stacey, Claire Hughes

Lifers

A lifer is a student who has attended Balmoral Hall for 12 or more years. This year there were 12 lifers!

"Growing up at Balmoral Hall has been an incredible experience. I have been with the same group of 12 girls for 14 years and could not be more grateful to have them as my best friends. Graduating as a Lifer has prepared me for my next step in university and I am very grateful to have developed the friendships I have over the years."

Julia White, Head Girl
Balmoral Hall 2000-2014

Jenna and Lexie Zimmer, Gabrielle Warren and Julia White, Danelle Grossman and Paige Hastings Van, Eva Downey and Alanna Flom, Cady Jessiman, Jillian Karlowsky and Brielle Kim along with all the graduates appreciated all the personal touches that made their dolls unique

Dolls!

Fiona Rettie and Rayne Rioux collected their dolls from the risers

The grade 11 class chose the song "Count on You" by Bruno Mars as their dedication to the grads

The traditional "Best Friends" song was sung by everyone from junior school to alumnae

It felt like forever that Meredith Chiu has been waiting for the doll, she was so happy to get

Brielle Kim, Katie and Paige Hastings Van and Jessica Lu
Emily Sikora, Gloria Lambeta, Fiona Rettie and Hayley Stacey
Elizabeth and Julia White with grandmother, Sheila Milner

Kaitlyn McIntosh and Clarice Nguyen Hua
The Blazers prep hockey team
Megan Ross and Danelle Grossman

Convocation

Meredith Chiu received the Barbara Honey Scholarship, which is awarded to a student of exemplary character, who shows qualities of commitment and dedication to the full life of Balmoral Hall

Emily Sikora was awarded the Clare McCulloch Memorial Award for Art for her excellence in Art

The Robert M. Shaw Memorial Award was awarded to Hayley Stacey, for her strong musical skills, vocal technique, musicality, and strong positive leadership in the BH Senior Choir

Alanna Flom received the Ariana Meyers '09 Excellence in Public Speaking and Debating Scholarship for her commitment towards the BH debating program

Annick Beaucheane received the Pacific Award for her potential as a leader and a scholar

Maya Schwartz was awarded the Elizabeth Ann Sherman English Literature Award for her passion in English Literature

Katherine Hastings Van was awarded the N. Thomas Russell Award for leadership by example

Paige Hastings Van received the Jacqueline Anderson Award for outstanding sportsmanship and leadership in sports

The Jessie May Carter Riverbend Award was awarded to Melisha Mendis for her outstanding progress in the French language

The Rosemary Gordon Condo Memorial Award was awarded to Kaitlyn McIntosh for qualities of kindness and consideration for others

Katherine Burley received the trophy for individual Junior Provincial Debating
As a team, Katherine Burley and Alex Blake received the team trophy for Junior Provincial Debating

Annie Luo received the Laura Milner White Volunteer Award for her enthusiasm, dedication and commitment towards improving the quality of life for children in need living in Winnipeg

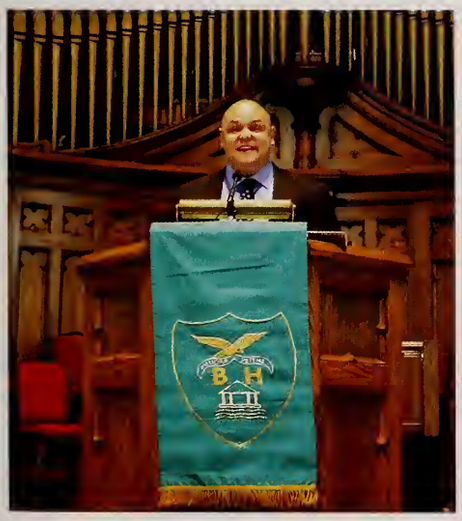
Claire Perchaluk, Katharine Davidson and Claire Hughes

The 2014 lifers spent one final moment together before receiving their diplomas

Apple Fong, Helen Yu, Hazel Deng and Brielle Kim

"Aim for those stars, girls. While some of your hopes and dreams may seem out of reach today, one never knows how far she can go until she starts the journey"
-Mr. Williams

Mr. Williams delivered the message to the graduates



Graduating choir members sang "For Good" to their fellow graduates

Aynsley Hygaard, Abigail Constant-Bercier and Rayne Rioux awaited the ceremony

Following convocation, graduates and other students head back to the school and enjoy some refreshments. This is also a time for them to socialize with their teachers, friends and family.

Garden Party

Helen Yu celebrated her graduation with her family
Jessica Lu's family also travelled to Winnipeg to share the special day with her

Gloria Lambeta and Fiona Rettie

Abigail Constant-Bercier and Jessica Campbell

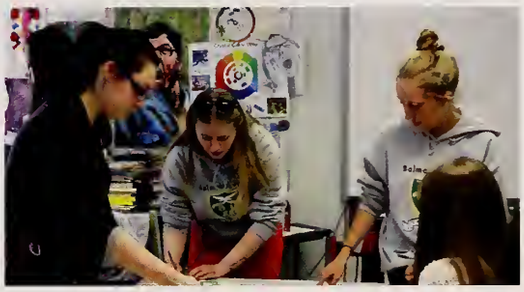
Kaitlyn McIntosh and Gabrielle Warren

One of many Balmoral Hall traditions is the handprints. The graduates make a tile with their handprint painted as well as a clay tile where they can write messages and carve pictures. These tiles will be put up around the school.

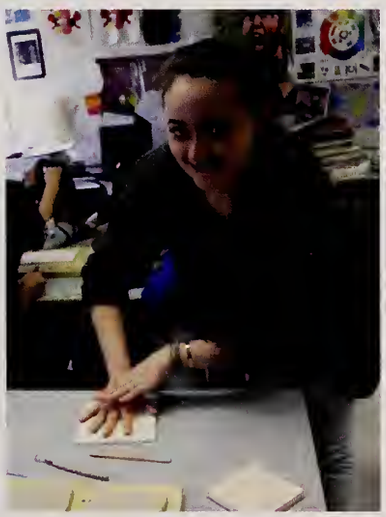
Handprints

Kaitlyn Scott

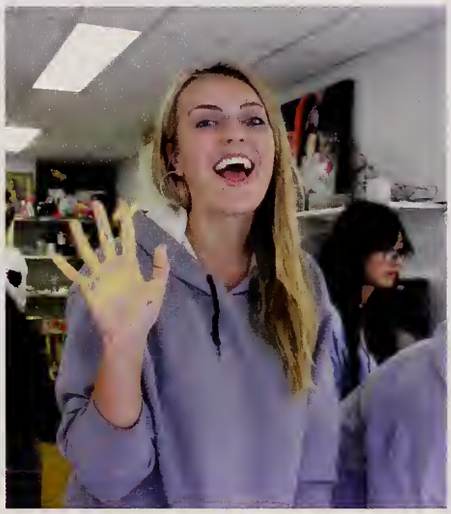
Meredith Chiu, Aynsley Hygaard and Cady Jessiman



Brianna Turner and Celina Penny



Claire Hughes



Jill Karlowsky

Grad Dinner

Claire Perchaluk

Paige, Eve and Katie Hastings Van

Eva Downey and her date

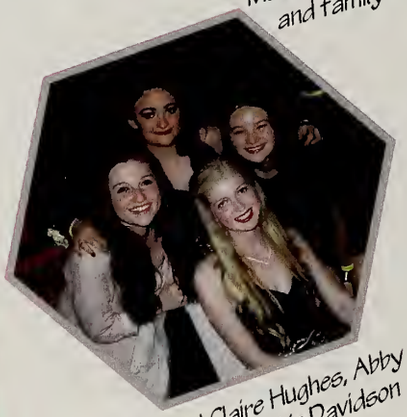
Alanna and Greg Flom

Brianna and Robert Turner

Melisha Mendis and family

Jessica and Yuan-Chang Lu

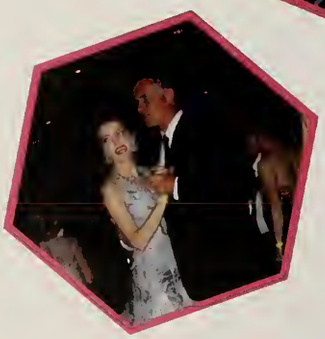
Morgan and Tracy Ross



Alida and Claire Hughes, Abby Scott and Katie Davidson

Gillian and Meredith Chiu

Celina and Dave Penny



Nadia and John Schriemer

Celina Penny, Brianna Turner and Claire Hughes

Iris Liu, Annie Luo and Lia Zhuang

Cristina Mace, Maddie Lischka, Jaclyn Flom and Maddy Metcalfe

Jill Karlowsky and her date

Mrs. McDonald, Kaitlyn McIntosh and Gabi Warren

Fiona Rettie

Special person dance

Valedictory Address

Looking back on my journey through BH, I've had quite a few confusing experiences and questions that were never quite answered ...Dad, what are boys? What's the definition of co-ed? But the one question that I've never really wanted an answer to is, When do we have to leave? Well ladies, it's unbelievable to imagine that within a matter of hours, our high school careers will have transitioned from students to graduates to alumnae of Balmoral Hall School.

Good morning Mrs. Kamins, Mrs. Hafenbrak, Mr. Perchaluk, Mr. Williams, staff students, friends and family of Balmoral Hall and the graduating class of 2014. Today symbolizes the day that we leave a place that many of us call home and journey into a new beginning. It is a day where we can glance back at our many accomplishments and mistakes and know that those were the experiences that formed the young women we are today. My heart was pounding this morning, putting on my white dress instead of my white shirt and getting in the car expecting to go into the school. The thought of growing up is scary, but the thought of growing up without all of you is terrifying. We've laughed at each other and at ourselves, we've cried for one another when times were tough, but the bonds that were created through the process strengthened the relationships that we see today.

Our high school experience wouldn't be complete without the rest of the student body to help guide us along, we need to thank you for putting up with our grade 12 antics, our dramatic nature and us taking over every single couch in the entire school. To the grade elevens; trust me when I say that your senior year will go by faster than you think! Taking the time to laugh is important and don't take everything so seriously because one bad test mark does not define you as a student. When you're not going on Tim Horton's runs and actually happen to be in class, appreciate the teachers because they are some of the kindest individuals who truly care and want the best for you.

I've noticed that the older we get, the smarter our teachers have become; we think we're being sneaky by saying, "I have a doctor's appointment" but the faculty somehow always know that's not the case and never hesitate to call us out on it to make sure that we're in class. There has been so much that you all have done for us, marking our assignments, putting up with our complaints, listening to our boy problems, and then letting us cry about our boy problems. Overall I'd say that you've taught us some meaningful life lessons.

1) Putting a tie around your neck doesn't qualify as proper uniform unless it's actually tied
2) Mustard stains
3) Skipping a test day doesn't meant that you don't have to write the test at all
4) Texting under your desk is obvious... You're not a ninja
5) Finally, you taught us how important it is to value the people who have contributed to our success

The people who truly know your story are the ones who helped you write it, and our teachers have done exactly that.

To our biggest fans, our parents; I can't even imagine how difficult it must have been for you to explain to a four year old that it is normal for boys and girls to go the same school together, but letting your little girl go this morning seems like much more of a challenge. If it weren't for you, there wouldn't be 43 stunning and intelligent young women graduating here today. I feel it's appropriate to apologize for throwing tantrums, complaining about our curfew, coming home an hour past curfew and introducing you to our new "male friends"; but through all of that you will still do anything for us. You have provided us with an amazing opportunity for a private school education, a place where we can be ourselves and not have to worry about impressing the opposite sex.

So thank you for holding our hands, wiping our tears and paying for new school ties when we misplaced them. What happens after today is unknown, the future isn't solidified and things won't turn out as they planned; but we can always count on you to be there to guide us and not hold us down. At the beginning of the school year and even at this moment, I have absolutely no idea what I want to do after graduation, but the thing that has gotten me through this undecided period was something that my father said to me at the beginning of this year. He told me that I should do what I enjoy, do it well and be the best that I can be; I encourage all the graduates to do the same.

I can already tell that this group of girls are some of the brightest people I know, we have followed the IB learner profile very closely, this school hasn't just given us an amazing education but also great life skills. We are knowledgeable, for example we can identify "man scent" from three floors up. Communicators, our ability to pass on a message when there are leftovers from homeroom potlucks in the chemistry lab via twitter is impeccable. We're open-minded, if we see a spot on Langside, we'd like to think we could fit even if it takes ten minutes, and our ability to parallel park rises above any other high school student in all of Winnipeg and last but not least, we are risk takers, it takes some guts to attempt not to be seen by faculty when you're parking in the front parking lot.

Finally, to the class of 2014, I cannot begin to express how privileged I am to have had the opportunity to spend time with all of you. The last 10 months have proven to be a large learning curve; we've watched our friends discover their passions and aspirations; however the past few weeks have been a collection of emotions for many of us, the thrill of getting our dolls, the relief of finishing finals, the excitement of receiving our high school diplomas and the confusion of not knowing what our next steps are. For some of us, this week might be the last time we see each other for a while; we're moving forward, moving away and becoming more independent than we ever thought was possible; for once we will finally be able to dress ourselves how we want, and then immediately realize that to be good at something takes practice. Now I understand why commencement is so important, it shows us how much influence we have on each other.

During our last days of classes, reality set in. Not from being nervous and not from convocation getting closer; but from something as simple as a children's book by Dr. Seuss called "Oh the places you will go" that we read in Ms. Akerstream's English class. It reminded me that as old as you are, you'll never forget the events that got you to where you are now; this school has helped form us and we should never forget the opportunity that we've been given here.

"Graduation is only a concept, in real life and everyday we graduate. It is a process that goes on until the last day of your life" If it weren't for you girls, the past 14 years of my life wouldn't have been as spontaneous, hilarious and memorable; I wish we could replay the experiences that all had together but unfortunately there are too many to express. I truly believe that the reason why we're unable to think of memories when we wish is because there's a particular time in our lives when they will come to us and only then can we understand their significance.

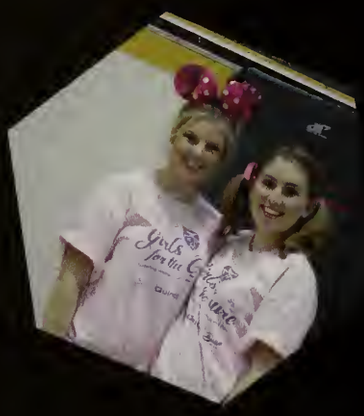
It'll be a struggle next year, not being able to give awkward hugs to Ms. Kirk, Ms. Wilkes and her math songs, Dr. Mitchler constantly remind you how much "phun" physics really is, students asking Mrs. Briggs about their personal health concerns, Mr. Williams calling you tweedle and a name that is not your own and Mr. Kerr saying "Good morning grade 12s". We heard this for so long, and only now will some of us understand that the everyday actions and gestures is what will make leaving here this morning so difficult.

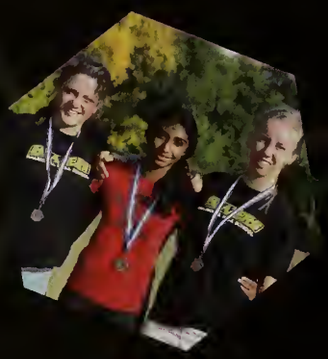
After today we will be parting ways, in 10 years the girl who is sitting next to you won't be that same BH student, you're looking at future doctors, lawyers, engineers, professional canoers and CEOs of McDonalds. Today is our chance to choose the path of happiness and success and we must take the initiative to do so. Don't shy away from life; instead, embrace the joy and excitement that it has to offer. Before we walk out the doors today, I'll leave you with the words of Christopher Columbus. "You can never cross the ocean until you have the courage to lose sight of the shore," today we start our journey. Congratulations Class of 2014 and farewell.

Friesens
The Yearbook Company
Printed in Canada on Acid-Free Paper

Seeking

FREE...
STARBUCKS
Cof
MISERICORDIA ANGEL SQUAD
FREE COFFEE
With Your Donation





Better Things